



FLORIDA DEPARTMENT OF  
**EDUCATION**  
fldoe.org



# 2022-23 Mental Health Application

## Part I: Youth Mental Health Awareness Training Plan

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## Introduction

The purpose of the combined mental health application is to streamline and merge two programs into one application. The Youth Mental Health Awareness Training (YMHAT) Plan and the Mental Health Assistance Allocation (MHAA) Plan are to provide supplemental funding to districts so schools can establish, expand and/or improve mental health care, awareness and training and offer a continuum of services. These allocations are appropriated annually to serve students and families through resources designed to foster quality mental health. This application is separated into two primary sections: Part II includes the YMHAT Plan and Part III includes the MHAA Plan.

### Part I. Mental Health Assistance Allocation Plan

In accordance with s. 1011.62, F.S., the MHAA Plan allocation is to assist districts with establishing or expanding school-based mental health care; training educators and other school staff in detecting and responding to mental health issues; and connecting children, youth and families who may experience behavioral health issues with appropriate services.

### Submission Process and Deadline

The application must be submitted to the Florida Department of Education (FDOE) by August 1, 2022.

There are two submission options for charter schools (MHAA Plan Only):

- Option 1: District submission includes charter schools in their application.
- Option 2: Charter school(s) submit a separate application from the district.

## Part I: Mental Health Assistance Allocation Plan

s. 1011.62, F.S.

### MHAA Plan Assurances

#### The Charter School Assurances

One hundred percent of the state funded proportionate share is used to expand school-based mental health care; train educators and other school staff in detecting and responding to mental health issues; and connect children, youth and families with appropriate behavioral health services.

Yes

Mental health assistance allocation funds do not supplant other funding sources or increase salaries or provide staff bonuses or incentives.

Yes

Maximizing the use of other sources of funding to provide school-based mental health services (e.g., Medicaid reimbursement, third-party payments and grants).

Yes

Collaboration with FDOE to disseminate mental health information and resources to students and families.

Yes

Includes a system for tracking the number of students at high risk for mental health or co-occurring substance use disorders who received mental health screenings or assessments; the number of students referred to school-based mental health services providers; the number of students referred to community-based mental health services providers; the number of students who received school-based interventions, services or assistance; and the number of students who received community-based interventions, services or assistance.

Yes

#### A Charter school board policy or procedures has been established for

Students referred to a school-based or community-based mental health services provider, for mental health screening for the identification of mental health concerns and students at risk for mental health disorders are assessed within 15 calendar days of referral.

Yes

School-based mental health services are initiated within 15 calendar days of identification and assessment.

Yes

Community-based mental health services are initiated within 30 calendar days of referral.

Yes

Individuals living in a household with a student receiving services are provided information about behavioral health services through other delivery systems or payors for which such individuals may qualify if such services appear to be needed or enhancements in those individuals' behavioral health would contribute to the improved well-being of the student.

Yes

District schools and local mobile response teams use the same suicide screening instrument approved by FDOE pursuant to s. 1012.583, F.S., and Rule 6A-40010, Florida Administrative Code.

Yes

Assisting a mental health services provider or a behavioral health provider as described in s. 1011.62, F.S., respectively, or a school resource officer or school safety officer who has completed mental health crisis intervention training in attempting to verbally de-escalate a student's crisis situation before initiating an involuntary examination pursuant to s. 394.463, F.S. Such procedures must include strategies to de-escalate a crisis situation for a student with a developmental disability as that term is defined in s. 393.063, F.S.

Yes

The requirement that in a student crisis situation, the school or law enforcement personnel must make a reasonable attempt to contact a mental health professional who may initiate an involuntary examination pursuant to s. 394.463, F.S., unless the child poses an imminent danger to self or others before initiating an involuntary examination pursuant to s. 394.463, F.S. Such contact may be in person or using telehealth, as defined in s. 456.47, F.S. The mental health professional may be available to the school district either by contracts or interagency agreements with the managing entity, one or more local community behavioral health providers, or the local mobile response team, or be a direct or contracted school district employee. Note: All initiated involuntary examinations located on school grounds, on school transportation or at a school sponsored activity must be documented in the Involuntary Examinations and Restraint and Seclusion (IERS) platform.

Yes

Parents of students receiving services are provided information about other behavioral health services available through the student's school or local community-based behavioral health service providers. Schools may meet this requirement by providing information about and internet addresses for web-based directories or guides for local behavioral health services.

Yes

## Planned Outcomes

**Identify two specific and measurable goals that will be accomplished within the 2022-23 school year, and specify which component of Charter Assurance 1.a. directs that goal (refer to the Guidance Tab if needed).**

During the 2022-2023 school year, 80% of those students identified as needing mental health intervention and/or services will see an improvement in their social emotional well-being. We will use pre and post assessments and surveys adapted from the SHAPE website as our pre and post assessments.

During the 2022-2023 school year, The Island School staff will dedicate 15 minutes per week to self-reflection to evaluate their performance and proactively seek areas for improvement until the end of Q4 in the area of PBIS/CHAMPS professional development and Sanford Harmony implementation. Accountability will be collected through the use of logs.

## Charter Program Implementation

|   |                 |
|---|-----------------|
| <b>Evidence-Based Program</b>   | Sanford Harmony |
| <b>Tiers of Implementation</b>  | Tier 1          |
| Describe the key EBP components that will be implemented as well as any related activities, curricula, programs, services, policies and strategies.   |                 |
| Sanford Harmony is an evidence based social emotional learning program that promotes strategies for problem-solving and building relationships with peers. Harmony provides educators with the tools to foster and support student connections, collaborations and learning.  |                 |
| Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, behavioral problems or substance use disorders, as well as the likelihood of at-risk students developing social, emotional, behavioral problems, depression, anxiety disorders, suicidal tendencies, and how these will assist students dealing with trauma and violence.   |                 |
| Harmony was first implemented in the 2020-2021 school year. Staff was trained during in-service week and given all the tools necessary to implement the program. This year we look to evaluate and refine implementation.   |                 |
| Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment, and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.  |                 |
| <p>Harmony provides The Island School with the tools to foster and support social connections among all students, and to promote the social, emotional, and cognitive skills students need to successfully negotiate peer interactions, develop positive peer relationships, and thrive in school. Harmony incorporates multiple methods to teach positive relationships and create an inclusive classroom environment. A multi-layered approach is necessary to build a mutually respectful learning community.</p> <p>These goals are accomplished through:</p> <p>Relationship-building lessons and activities that help students learn and practice key social and emotional competencies.</p> <p>Everyday practices that provide students with ongoing, supported opportunities to interact with peers and participate in dialogue and decision-making about issues related to the classroom community.</p> <p>By combining these approaches, students not only gain interpersonal competencies, but they also have continual experiences that promote the development of positive attitudes and relationships, as well as a supportive classroom climate.</p> |                 |

|   |        |
|---|--------|
| <b>Evidence-Based Program</b>   | CHAMPS |
| <b>Tiers of Implementation</b>  | Tier 1 |
| Describe the key EBP components that will be implemented as well as any related activities, curricula, programs, services, policies and strategies.   |        |
| <p>The CHAMPS program is designed to put in place an effective classroom management system. Specifically designed to improve classroom behavior, establish clear classroom behavior expectations with logical and fair responses to misbehavior, motivate students to put forth their best efforts, reduce misbehavior, increase academic engagement, and teach students to behave respectfully and to value diversity. CHAMPS is an acronym teachers use to create a classroom environment that promotes student responsibility, focus, and motivation. Each letter communicates what the learning will look like in a variety of instructional methods (whole group, small group, cooperative groups, independent, etc.) Conversation- what kind of talk does this learning call for? With whom? What volume? Help- How do students get questions answered? with a note? With a hand? From a peer? Activity- What are students doing during time?</p> |        |
| <p>Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, behavioral problems or substance use disorders, as well as the likelihood of at-risk students developing social, emotional, behavioral problems, depression, anxiety disorders, suicidal tendencies, and how these will assist students dealing with trauma and violence.</p>  |        |
| <p>During the 2021-22 school year, all instructional staff members were trained on CHAMPS. CHAMPS is a component of The Island school's PBIS Program. Positive Behavior Interventions and Supports (PBIS) is a proactive systems approach to establishing the behavior supports and social culture needed for all students in school to achieve social, emotional, and academic success. PBIS is a school-wide behavior management system designed to encourage essential social skills. Research shows that positive reinforcement is one of the best ways to not only change problematic, or unexpected behavior, but also to encourage and maintain expected behavior.</p>   |        |
| <p>Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment, and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.</p>   |        |
| <p>Through the use of this evidence-based program, PBIS helps to encourage a positive learning environment for students and also directly teaches our students important behavioral skills for life outside of The Island School.</p>   |        |

|   |        |
|---|--------|
| <b>Evidence-Based Program</b>   | MTSS   |
| <b>Tiers of Implementation</b>  | Tier 2 |
| Describe the key EBP components that will be implemented as well as any related activities, curricula, programs, services, policies and strategies.   |        |
| <p>The Island School systematically identifies students experiencing mild distress, mildly impaired functioning or at-risk for a given problem or concern.</p> <p>We offer early intervention which include small group interventions for students with similar needs, brief individualized interventions (e.g., motivational interviewing, problem solving), mentoring, and/or low intensity classroom-based supports such as a daily report card, daily teacher check-in, and/or home-school note system. Tier 3 services address mental health concerns for students who are already experiencing significant distress and impaired functioning. These supports are individualized to specific student needs. Tier 3 supports include services provided by school-based mental health professionals employed by the school or community organizations. Examples include individual, group, or family therapy for students receiving general or special education who have identified, and often diagnosed, social, emotional, and/or behavioral needs.</p> |        |
| Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, behavioral problems or substance use disorders, as well as the likelihood of at-risk students developing social, emotional, behavioral problems, depression, anxiety disorders, suicidal tendencies, and how these will assist students dealing with trauma and violence.   |        |
| MTSS team will review & implement appropriate interventions. Interventions will be monitored and reviewed as needed. Based on the ongoing work of the school, we will continue to provide targeted support and build internal capacity to continue the support and services needed for each student.  |        |
| Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment, and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.  |        |
| Early Intervention will help students with academic and behavior concerns. Early Intervention services will be tailored to meet the child's individual needs. Services may also be provided to address the needs and priorities of the child's family. Family-directed services are meant to help family members understand the special needs of their child and how to enhance his or her development. Students are matched with outside appropriate support and services. Regular monitoring and contact with families is key.  |        |

## Direct Employment

### MHAA Plan Direct Employment

#### School Counselor

*Current Ratio as of August 1, 2022*

**1 full time certified school counselor to 70 students**

*2022-2023 proposed Ratio by June 30, 2023*

**1 full time certified school counselor to 70 students**



### **School Social Worker**

*Current Ratio as of August 1, 2022*

**n/a**

*2022-2023 proposed Ratio by June 30, 2023*

**n/a**

### **School Psychologist**

*Current Ratio as of August 1, 2022*

**1 part-time contracted**

*2022-2023 proposed Ratio by June 30, 2023*

**1 part-time contracted**

### **Other Licensed Mental Health Provider**

*Current Ratio as of August 1, 2022*

**1 contracted as needed**

*2022-2023 proposed Ratio by June 30, 2023*

**1 contracted as needed**

## **Direct employment policy, roles and responsibilities**

**Explain how direct employment of school-based mental health services providers (school psychologists, school social workers, school counselors and other licensed mental health professionals) will reduce staff-to-student ratios.**

The Island School is currently seeking to employ a full-time certified school-based counselor, in addition to contracted mental health services needed. The certified school-based counselor will provide school-wide lessons/interventions focused on: social skills, emotional regulation, conflict resolution, Sanford Harmony class wide activities, PBIS/CHAMPS, small group social skills, MTSS facilitator, development of 504 plans, crisis response, and complete threat assessments.

**Describe your school's established policies and procedures to increase the amount of time student services personnel spend providing direct mental health services (e.g., review and revision of staffing allocations based on school or student mental health assistance needs).**

~Contract Mental Health Services based on student needs.

~Train all instructional staff in Sanford Harmony to support students in the classroom setting.

~Effective identification of at-risk students.

**Describe the role of school based mental health providers and community-based partners in the implementation of your evidence-based mental health program.**

The role is to support mental and behavioral health efforts throughout each tier of intervention and support based on student needs.

## **Community Contracts/Interagency Agreements**

**List the contracts or interagency agreements with local behavioral health providers or Community Action Team (CAT) services and specify the type of behavioral health services being provided on or off the school campus.**

Christine Thompson - Independent Contractor

As needed

MHAAP

## MHAA Planned Funds and Expenditures

### Allocation Funding Summary

#### MHAA funds provided in the 2022-2023 Florida Education Finance Program (FEFP)

\$ 3,183.00

#### Unexpended MHAA funds from previous fiscal years as stated in your 2021-2022 MHAA Plan

\$ 0.00

#### Grand Total MHAA Funds

\$ 3,183.00

### MHAA planned Funds and Expenditures Form

Please complete the MHAA planned Funds and Expenditures Form to verify the use of funds in accordance with (s.) 1011.62 Florida Statutes.

The allocated funds may not supplant funds that are provided for this purpose from other operating funds and may not be used to increase salaries or provide bonuses. School districts are encouraged to maximize third-party health insurance benefits and Medicaid claiming for services, where appropriate.

The following documents were submitted as evidence for this section:

|   |
|---|
| MHAA_Planned_Expenditures_Report_2022-2023_7-1-22.pdf             |
| <i>MHAA planned Funds and Expenditures Form The Island School</i> |
| <a href="#">Document Link</a>                                     |

## Charter Governing Board Approval

This application certifies that the **The School District of Lee County** governing board has approved the Mental Health Assistance Allocation Plan, which outlines the local program and planned expenditures to establish or expand school-based mental health care consistent with the statutory requirements for the mental health assistance allocation in accordance with section 1011.62(14), F.S.

### Governing Board Approval date

Wednesday 6/29/2022