



## **2022-23 Mental Health Application**

Part I: Youth Mental Health Awareness Training Plan

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#### Introduction

The purpose of the combined mental health application is to streamline and merge two programs into one application. The Youth Mental Health Awareness Training (YMHAT) Plan and the Mental Health Assistance Allocation (MHAA) Plan are to provide supplemental funding to districts so schools can establish, expand and/ or improve mental health care, awareness and training and offer a continuum of services. These allocations are appropriated annually to serve students and families through resources designed to foster quality mentalhealth. This application is separated into two primary sections: Part II includes the YMHAT Plan and Part III includes the MHAA Plan.

#### Part I. Mental Health Assistance Allocation Plan

In accordance with s. 1011.62, F.S., the MHAA Plan allocation is to assist districts with establishing or expanding school-based mental health care; training educators and other school staff in detecting and responding to mental health issues; and connecting children, youth and families who may experience behavioral health issues with appropriate services.

#### **Submission Process and Deadline**

The application must be submitted to the Florida Department of Education (FDOE) by August 1, 2022.

There are two submission options for charter schools (MHAA Plan Only):

- Option 1: District submission includes charter schools in their application.
- Option 2: Charter school(s) submit a separate application from the district.

#### Part I: Mental Health Assistance Allocation Plan

#### s. 1011.62, F.S.

#### MHAA Plan Assurances

#### **The Charter School Assurances**

One hundred percent of the state funded proportionate share is used to expand school-based mental health care; train educators and other school staff in detecting and responding to mental health issues; and connect children, youth and families with appropriate behavioral health services.

Yes

Mental health assistance allocation funds do not supplant other funding sources or increase salaries or provide staff bonuses or incentives.

Yes

Maximizing the use of other sources of funding to provide school-based mental health services (e.g., Medicaid reimbursement, third-party payments and grants).

Yes

Collaboration with FDOE to disseminate mental health information and resources to students and families.

Yes

Includes a system for tracking the number of students at high risk for mental health or co-occurring substance use disorders who received mental health screenings or assessments; the number of students referred to school-based mental health services providers; the number of students referred to community-based mental health services providers; the number of students who received school-based interventions, services or assistance; and the number of students who received community-based interventions, services or assistance.

Yes

#### A Charter school board policy or procedures has been established for

Students referred to a school-based or community-based mental health services provider, for mental health screening for the identification of mental health concerns and students at risk for mental health disorders are assessed within 15 calendar days of referral.

Yes

School-based mental health services are initiated within 15 calendar days of identification and assessment.

Yes

Community-based mental health services are initiated within 30 calendar days of referral.

Yes

Individuals living in a household with a student receiving services are provided information about behavioral health services through other delivery systems or payors for which such individuals may qualify if such services appear to be needed or enhancements in those individuals' behavioral health would contribute to the improved well-being of the student.

#### Yes

District schools and local mobile response teams use the same suicide screening instrument approved by FDOE pursuant to s. 1012.583, F.S., and Rule 6A-40010, Florida Administrative Code.

#### Yes

Assisting a mental health services provider or a behavioral health provider as described in s. 1011.62, F.S., respectively, or a school resource officer or school safety officer who has completed mental health crisis intervention training in attempting to verbally de-escalate a student's crisis situation before initiating an involuntary examination pursuant to s. 394.463, F.S. Such procedures must include strategies to de-escalate a crisis situation for a student with a developmental disability as that term is defined in s. 393.063, F.S.

#### Yes

The requirement that in a student crisis situation, the school or law enforcement personnel must make a reasonable attempt to contact a mental health professional who may initiate an involuntary examination pursuant to s. 394.463, F.S., unless the child poses an imminent danger to self or others before initiating an involuntary examination pursuant to s. 394.463, F.S. Such contact may be in person or using telehealth, as defined in s. 456.47, F.S. The mental health professional may be available to the school district either by contracts or interagency agreements with the managing entity, one or more local community behavioral health providers, or the local mobile response team, or be a direct or contracted school district employee. Note: All initiated involuntary examinations located on school grounds, on school transportation or at a school sponsored activity must be documented in the Involuntary Examinations and Restraint and Seclusion (IERS) platform.

#### Yes

Parents of students receiving services are provided information about other behavioral health services available through the student's school or local community-based behavioral health service providers. Schools may meet this requirement by providing information about and internet addresses for web-based directories or guides for local behavioral health services.

#### Yes

#### Planned Outcomes

Identify two specific and measurable goals that will be accomplished within the 2022-23 school year, and specify which component of Charter Assurance 1.a. directs that goal (refer to the Guidance Tab if needed).

Based on the 2021-2022 Mental Health Assistance Allocation Plan Outcome and Expenditures Report, Mater Lakes Collegiate Academy Middle School will increase the number of students who receive mental screenings or assessments by 5% during the 2022-2023 school year.

Based on the 2021-2022 Mental Health Assistance Allocation Plan Outcome and Expenditures Report, Mater Lakes Collegiate Academy Middle School will increase the number of students who receive services or assistance by the school's guidance counselor by 5% during the 2022-2023 school year.

#### **Charter Program Implementation**

Evidence-Based Program	EBP: Positive Behavioral Interventions and Support (PBIS)
Tiers of Implementation	Tier 1, Tier 2
Describe the key EBP compo	programs, services, policies and strategies.
improve and integrate all of the	ns & Support (PBIS) is an evidence-based/three-tiered framework to data, system, and practices affecting student outcomes every day. It is a ate the kinds of schools where all students are successful. ex.html)
the early identification of soci the likelihood of at-risk studer	implement evidence-based mental health services for students to improve al, emotional, behavioral problems or substance use disorders, as well as hts developing social, emotional, behavioral problems, depression, anxiety es, and how these will assist students dealing with trauma and violence.
PBIS will be delivered through need.	a three tiered framework. Each tier will align to the type of support students
delivering regular, proactive su skills and expectations by teach school-wide positive expectation with school-wide expectations,	tices impact everyone across all settings. They establish the foundation for pport and preventing unwanted behaviors. Tier 1 emphasizes prosocial hing and acknowledging appropriate student behavior. Tier 1 practices: ons and behaviors are taught, established classroom expectations aligned a continuum of procedures for encouraging expected behavior, a scouraging problem behavior and procedures for encouraging school-
1 supports alone. The focus is problem behavior before those or more students participating. than Tier 3. Tier 2 practices: ind increased adult supervision, ind	tices provide targeted support for students who are not successful with Tier on supporting students who are at risk for developing more serious behaviors start. Tier 2 supports often involve group interventions with 10 The support at this level is more focused than Tier 1 and less intensive creased instruction and practice with self-regulation and social skills, creased opportunities for positive reinforcement, increased pre-corrections, nction of problem behaviors, and increased access to academic supports.
	e more intensive, individualized support to improve their behavioral and octices include function-based assessments, wraparound supports, and
intervention, treatment, and re-	will deliver evidence-based mental health care assessment, diagnosis, covery services to students with one or more mental health or co-occurring se diagnoses and to students at high risk of such diagnoses.
academic performance, social-	ce-based program, students will have improved student outcomes in emotional competence, reduced bullying behaviors, and decreased rates of abuse. Students will also have reduced exclusionary discipline in office s, and physical restraint.
•	nitored by the Student Services team and their progress will be reviewed on

a monthly basis. As per HB 1557, parents will be notified on any changes in a student's services or

monitoring related to the student's mental, emotional, or physical health or well-being. A student that requires mental health care assessments will be referred within 15 days of the referral to our School's coordinating outside mental health agency for evaluation with parental permission. In addition, families will receive informational resources on behavioral health services through other delivery systems or payors for which such individuals may qualify if such services appear to be needed or enhancements in those individuals' behavioral health would contribute to the improved well-being of the student. Our school will meet this requirement by providing information about and internet addresses for web-based directories or guides for local behavioral health services.

The mental health agency or treating medical physician will provide the diagnosis, intervention strategies, and treatment plan for the student. The parent will authorize all documents to be shared with the school in order for the Student Services team to implement the plan and assist with recovery services within 15 days of receipt. The School may also create a School Based Plan using the information provided by the parents to implement school appropriate mental health services. Upon receipt of a Mutual Consent of Release by the parents, the School will communicate with the Mental Health Agency to ensure Community-Based Mental Health Services are initiated within 30 days of the referral. The Student Services team will monitor services, support, and progress on a bi-weekly basis.

Evidence-Based Program	EBP: Early Intervention Services and Supports	
Tiers of Implementation	Tier 2, Tier 3	
Describe the key EBP components that will be implemented as well as any related activities, curricula, programs, services, policies and strategies.		
have been identified through ne experiencing mild distress, func mental health needs are identifi promoted and the chronicity and	supports to address mental health concerns are provided for students who eeds assessments, screening, referral or other teaming processes as stional impairment, or being at risk for a given problem or concern. When eed early and supports put in place, positive youth development is d severity of mental health concerns can be eliminated or reduced. .org/Resources/Early-Intervention-and-Treatment-Tiers-23/)	
	e notified on any changes in a student's services or monitoring related to , or physical health or well-being.	
the early identification of socia the likelihood of at-risk studen	mplement evidence-based mental health services for students to improve al, emotional, behavioral problems or substance use disorders, as well as ts developing social, emotional, behavioral problems, depression, anxiety es, and how these will assist students dealing with trauma and violence.	
through: small group intervention interventions (e.g., motivational	s and supports will be provided by our school's Student Services Team ons for students identified with similar needs, brief individualized interviewing, problem solving), mentoring, and/or low intensity classroom- report card, daily teacher check-in, and/or home/school note system.	
Tier 3 mental health treatment address mental health concerns for students who are already experiencing significant distress and impaired functioning. They will be provided by our school's counselor or by community organizations where we have obtained parental permission and Consent for Mutual Exchange. Examples include individual or group school appropriate therapy for students who have been identified with social, emotional, and/or behavioral needs. (http://www.schoolmentalhealth.org/media/SOM/Microsites/NCSMH/Documents/Quality-Guides/Early-Intervention-and-Treatment-Services-Guide-(Tiers-2-and-3)-2.18.pdf		
intervention, treatment, and rec	will deliver evidence-based mental health care assessment, diagnosis, covery services to students with one or more mental health or co-occurring e diagnoses and to students at high risk of such diagnoses.	
mental health treatment in scho academic setting. Fidelity monit will determine if the outcome mo	e-based program, a reduction in mental health issues will be evident as ools has strong effects when the treatment is integrated into students' toring will be used to assess how the program is being implemented and easures are being met. The Fidelity Monitoring Checklist will be used for os://dm0gz550769cd.cloudfront.net/shape/6a/ c7361d.pdf).	
a monthly basis. As per House monitoring related to the studer requires mental health care ass	itored by the Student Services team and their progress will be reviewed on Bill 1557, parents will be notified on any changes in a student's services or nt's mental, emotional, or physical health or well-being. A student that sessments will be referred within 15 days of the referral to our School's alth agency for evaluation with parental permission. In addition, families will	

receive informational resources on behavioral health services through other delivery systems or payors for which such individuals may qualify if such services appear to be needed or enhancements in those individuals' behavioral health would contribute to the improved well-being of the student. Our school will meet this requirement by providing information about and internet addresses for web-based directories or guides for local behavioral health services.

The mental health agency or treating medical physician will provide the diagnosis, intervention strategies, and treatment plan for the student. The parent will authorize all documents to be shared with the school in order for the Student Services team to implement the plan and assist with recovery services within 15 days of receipt. The School may also create a School Based Plan using the information provided by the parents to implement school appropriate mental health services. Upon receipt of a Mutual Consent of Release by the parents, the School will communicate with the Mental Health Agency to ensure Community-Based Mental Health Services are initiated within 30 days of the referral. The Student Services team will monitor services, support, and progress on a bi-weekly basis.

#### Direct Employment

#### **MHAA Plan Direct Employment**

#### School Counselor

*Current Ratio as of August 1, 2022* **1:200** 

2022-2023 proposed Ratio by June 30, 2023 1:200

#### School Social Worker

Current Ratio as of August 1, 2022 0:200

2022-2023 proposed Ratio by June 30, 2023 0:200

#### School Psychologist

Current Ratio as of August 1, 2022 0:200

2022-2023 proposed Ratio by June 30, 2023 0:200

#### **Other Licensed Mental Health Provider**

*Current Ratio as of August 1, 2022* **0:200** 

2022-2023 proposed Ratio by June 30, 2023 0:200

Direct employment policy, roles and responsibilities

## Explain how direct employment of school-based mental health services providers (school psychologists, school social workers, school counselors and other licensed mental health professionals) will reduce staff-to-student ratios.

The direct employment of school based mental health service providers will reduce staff-to-student ratios as the lower the number, the better the mental health services will be. This will allow for the mental health service provider to focus on mental health goals, strengths, and academic challenges. In addition, this will ensure the mental health service provider has time to monitor therapy progress and work with coordinating agencies on the treatment plan. The focus will be on quality rather than quantity of mental health services.

# Describe your school's established policies and procedures to increase the amount of time student services personnel spend providing direct mental health services (e.g., review and revision of staffing allocations based on school or student mental health assistance needs).

Our School will create a schedule that the student services personnel will implement to increase the amount of time he/she will spend providing direct mental health services. The schedule will include the time slots allotted for the appropriate duties: individual student academic planning and goal setting, school counseling classroom lessons based on student success standards, short-term counseling to students, referrals for long-term support, collaboration with families/teachers/ administrators/community for student success, advocacy for students at IEP/504 meetings and other student-focused meetings, and data analysis to identify student issues, needs and challenges. Our School will review the caseload of students assigned to the student services personnel on a quarterly basis to ensure all student mental health needs are being met within the schedule.

### Describe the role of school based mental health providers and community-based partners in the implementation of your evidence-based mental health program.

The roles of the school based mental health providers and community-based partners to ensure implementation of our School's evidence-based mental health program will be to:

1) Promotes mental health and reduce stigma by enhancing mental health literacy of students, educators and parents;

2) Promote appropriate and timely access to mental health care through early identification, support, triage and referral from schools to health services, or through site-based mental health interventions;

3) Enhance effective linkages between schools and health care providers;

4) Provide a framework in which students receiving mental health care can be seamlessly supported in their educational needs within usual school settings; and

5) Involves parents and the wider community in addressing the mental health needs of youth.

#### **Community Contracts/Interagency Agreements**

List the contracts or interagency agreements with local behavioral health providers or Community Action Team (CAT) services and specify the type of behavioral health services being provided on or off the school campus.

Miami-Dade Crisis Services Mobile Response Team through Banyan Health Services, 305.774.3616 Community Action Team (CAT), Citrus Health Network, 305.817.1177 SEDNET, Dolores Vega, 305.430.1055, ext. 231 Chrysalis Health, 786.796.0870 Services Provided

· Crisis management

 $\cdot$  Strengthen the family and support systems for youth to assist them to live successfully in the community

- · Improve school related outcomes such as attendance, grades, and graduation rates
- · Decrease out-of-home placements
- · Improve family and youth functioning
- · Decrease substance use and abuse
- · Decrease psychiatric hospitalizations
- · Transition into age-appropriate services
- $\cdot$  Increase health and wellness

#### MHAA Planned Funds and Expenditures

#### **Allocation Funding Summary**

MHAA funds provided in the 2022-2023 Florida Education Finance Program (FEFP) \$ 9,000.00

Unexpended MHAA funds from previous fiscal years as stated in your 2021-2022 MHAA Plan \$ 0.00

**Grand Total MHAA Funds** 

\$ 9,000.00

#### **MHAA planned Funds and Expenditures Form**

Please complete the MHAA planned Funds and Expenditures Form to verify the use of funds in accordance with (s.) 1011.62 Florida Statues.

The allocated funds may not supplant funds that are provided for this purpose from other operating funds and may not be used to increase salaries or provide bonuses. School districts are encouraged to maximize third-party health insurance benefits and Medicaid claiming for services, where appropriate.

The following documents were submitted as evidence for this section:

5052\_-\_Mater\_Lake\_Collegiate\_High\_MHAA\_Planned\_Expenditures\_Report\_2022-2023.pdf Mater Lakes Collegiate Academy 2022-2023 Planned Funds and Expenditure Document Link

#### Charter Governing Board Approval

This application certifies that the **Miami-Dade County Public Schools** governing board has approved the Mental Health Assistance Allocation Plan, which outlines the local program and planned expenditures to establish or expand school-based mental health care consistent with the statutory requirements for the mental health assistance allocation in accordance with section 1011.62(14), F.S.

#### **Governing Board Approval date**

Monday 6/6/2022