



FLORIDA DEPARTMENT OF  
**EDUCATION**  
fldoe.org



# 2022-23 Mental Health Application

## Part I: Youth Mental Health Awareness Training Plan

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## Introduction

The purpose of the combined mental health application is to streamline and merge two programs into one application. The Youth Mental Health Awareness Training (YMHAT) Plan and the Mental Health Assistance Allocation (MHAA) Plan are to provide supplemental funding to districts so schools can establish, expand and/or improve mental health care, awareness and training and offer a continuum of services. These allocations are appropriated annually to serve students and families through resources designed to foster quality mentalhealth. This application is separated into two primary sections: Part II includes the YMHAT Plan and Part III includes the MHAA Plan.

### Part I. Mental Health Assistance Allocation Plan

In accordance with s. 1011.62, F.S., the MHAA Plan allocation is to assist districts with establishing or expanding school-based mental health care; training educators and other school staff in detecting and responding to mental health issues; and connecting children, youth and families who may experience behavioral health issues with appropriate services.

### Submission Process and Deadline

The application must be submitted to the Florida Department of Education (FDOE) by August 1, 2022.

There are two submission options for charter schools (MHAA Plan Only):

- Option 1: District submission includes charter schools in their application.
- Option 2: Charter school(s) submit a separate application from the district.

## Part I: Mental Health Assistance Allocation Plan

s. 1011.62, F.S.

### MHAA Plan Assurances

#### The Charter School Assurances

One hundred percent of the state funded proportionate share is used to expand school-based mental health care; train educators and other school staff in detecting and responding to mental health issues; and connect children, youth and families with appropriate behavioral health services.

Yes

Mental health assistance allocation funds do not supplant other funding sources or increase salaries or provide staff bonuses or incentives.

Yes

Maximizing the use of other sources of funding to provide school-based mental health services (e.g., Medicaid reimbursement, third-party payments and grants).

Yes

Collaboration with FDOE to disseminate mental health information and resources to students and families.

Yes

Includes a system for tracking the number of students at high risk for mental health or co-occurring substance use disorders who received mental health screenings or assessments; the number of students referred to school-based mental health services providers; the number of students referred to community-based mental health services providers; the number of students who received school-based interventions, services or assistance; and the number of students who received community-based interventions, services or assistance.

Yes

#### A Charter school board policy or procedures has been established for

Students referred to a school-based or community-based mental health services provider, for mental health screening for the identification of mental health concerns and students at risk for mental health disorders are assessed within 15 calendar days of referral.

Yes

School-based mental health services are initiated within 15 calendar days of identification and assessment.

Yes

Community-based mental health services are initiated within 30 calendar days of referral.

Yes

Individuals living in a household with a student receiving services are provided information about behavioral health services through other delivery systems or payors for which such individuals may qualify if such services appear to be needed or enhancements in those individuals' behavioral health would contribute to the improved well-being of the student.

Yes

District schools and local mobile response teams use the same suicide screening instrument approved by FDOE pursuant to s. 1012.583, F.S., and Rule 6A-40010, Florida Administrative Code.

Yes

Assisting a mental health services provider or a behavioral health provider as described in s. 1011.62, F.S., respectively, or a school resource officer or school safety officer who has completed mental health crisis intervention training in attempting to verbally de-escalate a student's crisis situation before initiating an involuntary examination pursuant to s. 394.463, F.S. Such procedures must include strategies to de-escalate a crisis situation for a student with a developmental disability as that term is defined in s. 393.063, F.S.

Yes

The requirement that in a student crisis situation, the school or law enforcement personnel must make a reasonable attempt to contact a mental health professional who may initiate an involuntary examination pursuant to s. 394.463, F.S., unless the child poses an imminent danger to self or others before initiating an involuntary examination pursuant to s. 394.463, F.S. Such contact may be in person or using telehealth, as defined in s. 456.47, F.S. The mental health professional may be available to the school district either by contracts or interagency agreements with the managing entity, one or more local community behavioral health providers, or the local mobile response team, or be a direct or contracted school district employee. Note: All initiated involuntary examinations located on school grounds, on school transportation or at a school sponsored activity must be documented in the Involuntary Examinations and Restraint and Seclusion (IERS) platform.

Yes

Parents of students receiving services are provided information about other behavioral health services available through the student's school or local community-based behavioral health service providers. Schools may meet this requirement by providing information about and internet addresses for web-based directories or guides for local behavioral health services.

Yes

## Planned Outcomes

**Identify two specific and measurable goals that will be accomplished within the 2022-23 school year, and specify which component of Charter Assurance 1.a. directs that goal (refer to the Guidance Tab if needed).**

The increased availability of providers, combined with professional learning opportunities, will lead to 100 % of students with serious mental health concerns [identified by the Columbia-Suicide Severity Rating Scale (CSSRS) as “high-risk self-harm or suicidal ideation” as well as students who have made “Serious” and “Very Serious Substantive” threats], receiving documented intervention through a Multi-Tiered System of Support (MTSS) as measured by a district fidelity tool by June 2022.

Provide Collaborative Proactive Solutions (CPS), an evidenced based professional learning framework, for all School Psychologists with a 100% participation rate to increase a comprehensive, evidence based, mental health support system during the 2021-2022 school year. A pre- and post-assessment of learning will be used to guide on-going professional development.

## Charter Program Implementation

<b>Evidence-Based Program</b>	Blue Menu of Evidence-Based Psychosocial Interventions for Youth
<b>Tiers of Implementation</b>	Tier 1, Tier 2
Describe the key EBP components that will be implemented as well as any related activities, curricula, programs, services, policies and strategies.	
<p>Counselors also utilize the Sanford Harmony lessons to reinforce topics taught in Character Development lessons. In addition, Health and Wellness classes are taught in throughout the school year by either the school counselor, district provided school nurse, or one of our community partners (SPARCC, Child Protections Center, and the Health Department). Additional programming will include Civility Squad. There are many ways to identify that students in need of mental health interventions are being identified quickly and serviced appropriately. The school counseling department gives each student a needs assessment in the beginning of the school year to determine students who are in need of direct counseling services. The students also give the counselors topics for possible group counseling sessions. The counselors meet with 5th grade counselors to discuss “at-risk” students from the elementary school that will require counseling services when they enter our middle school. Lastly, at-risk students are referred by teachers, administrators, peers, parents, and concerned community members. Outcome data will be evaluated on an individualized basis. Treatment plan effectiveness will be evaluated by the threat assessment and mental health team to ensure that the services provided to students are effective and appropriate. Early Warning System Indicators will be reviewed and evaluated yearly to show decreases in suspension and failure measures. The Youth Risk Behavior Survey results will be reviewed and compared yearly to show decreases in risk behaviors and substance abuse.</p>	
<p>Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, behavioral problems or substance use disorders, as well as the likelihood of at-risk students developing social, emotional, behavioral problems, depression, anxiety disorders, suicidal tendencies, and how these will assist students dealing with trauma and violence.</p>	
<p>There are many ways to identify that students in need of mental health interventions are being identified quickly and serviced appropriately. The school counseling department gives each student a needs assessment in the beginning of the school year to determine students who are in need of direct counseling services. The students also give the counselors topics for possible group counseling sessions. The counselors meet with 5th grade counselors to discuss “at-risk” students from the elementary school that will require counseling services when they enter our middle school. Lastly, at-risk students are referred by teachers, administrators, peers, parents, and concerned community members.</p>	
<p>Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment, and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.</p>	
<p>Outcome data will be evaluated on an individualized basis. Treatment plan effectiveness will be evaluated by the threat assessment and mental health team to ensure that the services provided to students are effective and appropriate. Early Warning System Indicators will be reviewed and evaluated yearly to show decreases in suspension and failure measures. The Youth Risk Behavior Survey results will be reviewed and compared yearly to show decreases in risk behaviors and substance abuse.</p>	

<b>Evidence-Based Program</b>	SAMHSA Evidence-Based Practices Resource Center
<b>Tiers of Implementation</b>	Tier 1, Tier 2
Describe the key EBP components that will be implemented as well as any related activities, curricula, programs, services, policies and strategies.	
<p>Counselors also utilize the Sanford Harmony lessons to reinforce topics taught in Character Development lessons. In addition, Health and Wellness classes are taught in throughout the school year by either the school counselor, district provided school nurse, or one of our community partners (SPARCC, Child Protections Center, and the Health Department). Additional programming will include Civility Squad. There are many ways to identify that students in need of mental health interventions are being identified quickly and serviced appropriately. The school counseling department gives each student a needs assessment in the beginning of the school year to determine students who are in need of direct counseling services. The students also give the counselors topics for possible group counseling sessions. The counselors meet with 5th grade counselors to discuss “at-risk” students from the elementary school that will require counseling services when they enter our middle school. Lastly, at-risk students are referred by teachers, administrators, peers, parents, and concerned community members. Outcome data will be evaluated on an individualized basis. Treatment plan effectiveness will be evaluated by the threat assessment and mental health team to ensure that the services provided to students are effective and appropriate. Early Warning System Indicators will be reviewed and evaluated yearly to show decreases in suspension and failure measures. The Youth Risk Behavior Survey results will be reviewed and compared yearly to show decreases in risk behaviors and substance abuse.</p>	
<p>Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, behavioral problems or substance use disorders, as well as the likelihood of at-risk students developing social, emotional, behavioral problems, depression, anxiety disorders, suicidal tendencies, and how these will assist students dealing with trauma and violence.</p>	
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<p>Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment, and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.</p>	
<p>Outcome data will be evaluated on an individualized basis. Treatment plan effectiveness will be evaluated by the threat assessment and mental health team to ensure that the services provided to students are effective and appropriate. Early Warning System Indicators will be reviewed and evaluated yearly to show decreases in suspension and failure measures. The Youth Risk Behavior Survey results will be reviewed and compared yearly to show decreases in risk behaviors and substance abuse.</p>	

<b>Evidence-Based Program</b>	
<b>Tiers of Implementation</b>	[none selected]
Describe the key EBP components that will be implemented as well as any related activities, curricula, programs, services, policies and strategies.	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, behavioral problems or substance use disorders, as well as the likelihood of at-risk students developing social, emotional, behavioral problems, depression, anxiety disorders, suicidal tendencies, and how these will assist students dealing with trauma and violence.	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment, and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	

## Direct Employment

### MHAA Plan Direct Employment

#### School Counselor

*Current Ratio as of August 1, 2022*

**2:180**

*2022-2023 proposed Ratio by June 30, 2023*

**2:180**

#### School Social Worker

*Current Ratio as of August 1, 2022*

**1:180**

*2022-2023 proposed Ratio by June 30, 2023*

**1:180**

#### School Psychologist

*Current Ratio as of August 1, 2022*

**1:180**

*2022-2023 proposed Ratio by June 30, 2023*

**1:180**

#### Other Licensed Mental Health Provider

*Current Ratio as of August 1, 2022*

**1:180**

*2022-2023 proposed Ratio by June 30, 2023*

**1:180**

### Direct employment policy, roles and responsibilities

**Explain how direct employment of school-based mental health services providers (school psychologists, school social workers, school counselors and other licensed mental health professionals) will reduce staff-to-student ratios.**

SSIS employs one full-time school counselor. SSIS contracts with one school psychologist to serve the school and its students in different capacities. SSIS employs one full-time ESE Liaison. SSIS contracts with the Clinic Aide and County Health Nurse. SSIS contracts with a Licensed Social Worker.

**Describe your school's established policies and procedures to increase the amount of time student services personnel spend providing direct mental health services (e.g., review and revision of staffing allocations based on school or student mental health assistance needs).**

Counselor's use of time should support the expectation that they spend 80 percent of their time providing direct services to students, staff and families, and the remaining 20 percent is spent on program management and planning.

**Describe the role of school based mental health providers and community-based partners in the implementation of your evidence-based mental health program.**

Describe the role of school based mental health providers and community-based partners in the implementation of your evidence based mental health program. YMCA and Camelot Counseling services to refer students for mental health counseling when they are demonstrating a need for more intensive interventions and need a treatment plan that is managed by mental health professionals. Students who referred for mental health services participate in a mental health comprehensive intake process, including parental/family involvement and participation, and possibly coordination with physicians, psychiatrists and other medical providers

### **Community Contracts/Interagency Agreements**

**List the contracts or interagency agreements with local behavioral health providers or Community Action Team (CAT) services and specify the type of behavioral health services being provided on or off the school campus.**

YMCA Individual & Group Counseling Mental Health Allocation  
Camelot Community Care Individual Counseling Mental Health Allocation  
SPARCC Individual & Group Counseling Mental Health Allocation

### **MHAA Planned Funds and Expenditures**

#### **Allocation Funding Summary**

**MHAA funds provided in the 2022-2023 Florida Education Finance Program (FEFP)**

\$ 6,587.00

**Unexpended MHAA funds from previous fiscal years as stated in your 2021-2022 MHAA Plan**

\$ 0.00

**Grand Total MHAA Funds**

\$ 6,587.00

**MHAA planned Funds and Expenditures Form**

Please complete the MHAA planned Funds and Expenditures Form to verify the use of funds in accordance with (s.) 1011.62 Florida Statutes.

The allocated funds may not supplant funds that are provided for this purpose from other operating funds and may not be used to increase salaries or provide bonuses. School districts are encouraged to maximize third-party health insurance benefits and Medicaid claiming for services, where appropriate.

The following documents were submitted as evidence for this section:

MHAA_Planned_Expenditures_Report_2022-2023.pdf
<i>Mental Health Assistance Allocation (MHAA) Plan 2022-2023 Due: August 1, 2022 Planned Funds and Expenditures 2022-2023</i>
<a href="#">Document Link</a>

**Charter Governing Board Approval**

This application certifies that the **Sarasota County Schools** governing board has approved the Mental Health Assistance Allocation Plan, which outlines the local program and planned expenditures to establish or expand school-based mental health care consistent with the statutory requirements for the mental health assistance allocation in accordance with section 1011.62(14), F.S.

**Governing Board Approval date**

Tuesday 6/28/2022