



# **2023-24 Mental Health Application**

Part I: Youth Mental Health Awareness Training Plan

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### Introduction

## Mental Health Assistance Allocation Plan

#### s. 1006.041, F.S.

#### MHAA Plan Assurances

#### **The Charter School Assures**

One hundred percent of state funds are used to establish or expand school-based mental health care; train educators and other school staff in detecting and responding to mental health issues; and connect children, youth and families with appropriate behavioral health services.

Yes

Mental health assistance allocation funds do not supplant other funding sources or increase salaries or provide staff bonuses or incentives

#### Yes

Other sources of funding will be maximized-to provide school-based mental health services (e.g., Medicaid reimbursement, third-party payments and grants).

Yes

Collaboration with FDOE to disseminate mental health information and resources to students and families.

#### Yes

A system is included for tracking the number of students at high risk for mental health or co-occurring substance use disorders who received mental health screenings or assessments; the number of students referred to school-based mental health services

Yes

Curriculum and materials purchased using MHAA funds have received a thorough review and all content is in compliance with State Board of Education Rules and Florida Statutes.

Yes

#### A charter governing board policy or procedure has been established for

Students referred to a school-based or community-based mental health services provider, for mental health screening for the identification of mental health concerns and students at risk for mental health disorders are assessed within 15 calendar days of referral.

Yes

School-based mental health services are initiated within 15 calendar days of identification and assessment.

Yes

Community-based mental health services are initiated within 30 calendar days of referral.

Yes

Individuals living in a household with a student receiving services are provided information about behavioral health services through other delivery systems or payors for which such individuals may qualify if such services appear to be needed or enhancements in those individuals' behavioral health would contribute to the improved well-being of the student.

#### Yes

District schools and local mobile response teams use the same suicide screening instrument approved by FDOE pursuant to s. 1012.583, F.S., and Rule 6A-4.0010, F.A.C.

#### Yes

Assisting a mental health services provider or a behavioral health provider as described ins. 1006.041, F.S., respectively, ora school resource officer or school safetyofficerwho has completed mental health crisis intervention training in attempting to verbally de escalate a student's crisis situation before initiating an involuntary examination pursuant to s. 394.463, F.S. Such procedures must include strategies to de-escalate a crisis situation for a student with a developmental disability as that term is defined ins. 393.063, F.S.

#### Yes

The requirement that in a student crisis situation, the school or law enforcement personnel must make a reasonable attempt to contact a mental health professional who may initiate an involuntary examination pursuant to s. 394.463, F.S., unless the child poses an imminent danger to self or others before initiating an involuntary examination pursuant to s. 394.463, F.S. Such contact may be in person or using te lehealth, as defined ins. 456.47, F.S. The mental health professional may be available to the school district either by contracts or interagency agreements with the managing entity, one or more local community behavioral health providers, the local mobile response team, or be a direct or contracted school district employee. Note: All initiated involuntary examinations located on school grounds, on school transportation or at a school sponsored activity must be documented in the Involuntary Examinations and Restraint and Seclusion (IERS) platform.

#### Yes

Parents of students receiving services are provided information about other behavioral health services available through the student's school or local community-based behavioral health service providers. Schools may meet this requirement by providing information about and internet addresses for web-based directories or guides for local behavioral health services.

#### Yes

The Mental Health Assistance Allocation Plan must be focused on a multitiered system of supports to deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses. s. 1006.041, F.S.

#### Yes

#### **District Program Implementation**

Evidence-Based Program	National Council for Mental Well Being - Adult & Youth MHFA
Tier(s) of Implementation	Tier 1, Tier 2
Describe	e the key EBP components that will be implemented.
<ul> <li>behaviors, and appearance tha You will learn an action plan for able to:</li> <li>Describe the purpose of Youth</li> <li>Recognize the signs and sym</li> <li>Explain the impact of traumati development.</li> <li>Apply the appropriate steps of</li> <li>Apply the appropriate steps of</li> </ul>	Aid course focuses on recognizing the patterns of thoughts, feelings, t show there might be a challenge rather than on a specific disorder. r non-crisis and crisis scenarios. By the end of the course, you will be h Mental Health First Aid and the role of the First Aider. ptoms of mental health challenges that may impact youth. c experiences and the role of resilience on adolescent f the YMHFA Action Plan (ALGEE) to non-crisis situations. f the YMHFA Action Plan (ALGEE) to crisis situations. for self-care following the application of Youth Mental Health s situation.
the early identification of social the likelihood of at risk student disorders or suicidal tendenc The delivery model will be prov	mplement evidence-based mental health services for students to improve l, emotional, or behavioral problems or substance use disorders, as well as is developing social emotional or behavioral problems, depression, anxiety ies, and how these will assist students dealing with trauma and violence.
intervention, treatment (in-patient or out-pati contracted license mental healt	on, early intervention, evaluation, peer support, counseling, crisis ent), rehabilitation, and follow up services as deemed necessary by the
practice clinicians, local and sta * Parrish Charter Academy will recognizing changes in school	ate agencies, and mental health service providers. identify at-risk students through an early warning system that includes performance, attendance, mood changes, complaining of illnesses, s, experiencing problems at home and/or a family situation, and
intervention, treatment and rec	will deliver evidence-based mental health care assessment, diagnosis, covery services to students with one or more mental health or co-occurring se diagnoses and to students at high risk of such diagnoses.
staff awareness trainings, man mental health providers, family * Parrish Charter Academy will	ces will include early identification through referral protocols, school-based datory professional development trainings, working with primary care and partnerships, and coordinated efforts with other local and state agencies. identify at-risk students through an early warning system that includes performance, attendance, mood changes, complaining of illnesses,
teachers and parents	cing problems at home and/or a family situation, and communication from

\* Current contracted mental health services hours have been approved and are scheduled for the 2021 – 2022

school year. Additionally, our licensed mental health counselor is on-call to service our student population in the event that extra service hours are required in-person or through virtual sessions.

\* Our licensed mental health counselor will assist students who are dealing with trauma and violence. Parrish Charter Academy may also include utilizing the established collaborative working partnerships with one or multiple of the following to assist students dealing with trauma and violence: Manatee County Sheriff's

Office, Department of Children and Families, and Centerstone.

#### Direct Employment

#### MHAA Plan Direct Employment

#### School Counselor

*Current Ratio as of August 1, 2023* **0/736** 

2023-2024 proposed Ratio by June 30, 2024 **0/736** 

#### School Social Worker

Current Ratio as of August 1, 2023 0/736

2023-2024 proposed Ratio by June 30, 2024 **0/736** 

#### School Psychologist

*Current Ratio as of August 1, 2023* **0/736** 

2023-2024 proposed Ratio by June 30, 2024 **0/736** 

#### **Other Licensed Mental Health Provider**

Current Ratio as of August 1, 2023 **1/736** 

2023-2024 proposed Ratio by June 30, 2024 1/736

#### Direct employment policy, roles and responsibilities

Explain how direct employment of school-based mental health services providers (school psychologists, school social workers, school counselors and other licensed mental health professionals) will reduce staff-to-student ratios.

Parrish Charter Academy will increase awareness and prevention efforts by providing all students' access to a licensed mental health counselor. Students will also receive mental health discussions provided by the Principal, the Assistant Principals, the licensed mental health counselor, Centerstone school counselor, and guest speakers when available. Parrish Charter Academy will follow the recommendations of the contracted licensed mental health counselor for mental health screening and assessments. All evidence based mental health interventions will be selected and implemented by

the licensed mental health counselor. Staff referral protocol will be preceded with staff Professional Development through Safe Schools Modules provided by the Manatee County School District. The required professional development courses for Parrish Charter Academy staff are as follows:

\* Bullying: Recognition & Response (Full Course)

- \* De-Escalation Strategies (Full Course)
- \* Disruptive Student Behavior (Full Course)
- \* Youth Suicide: Awareness & Prevention (Full Course)
- \* Cultural Competence and Racial Bias (Full Course)
- \* Student Drug and Alcohol Abuse (Full Course)
- \* Additional Trainings for the 2021 2022 School Year
- \* School Violence: Identifying and Addressing (Full Course)
- \* Child Abuse: Identification and Intervention (Full Course)
- \* Child Abuse: Mandatory Reporting (Full Course)
- \* Student Mental Health: Awareness, Intervention, and Referral (Full Course)

\*Staff who have previously completed the full course may complete the refresher course if available.

# Describe your district's established policies and procedures to increase the amount of time student services personnel spend providing direct mental health services (e.g., review and revision of staffing allocations based on school or student mental health assistance needs).

Education to further assist in identifying, referring, and supporting student mental health. Parrish Charter Academy staff will complete the Youth Mental Health Awareness Training Opportunity provided by Manatee County Public Schools.

Parrish Charter Academy staff may refer students to the on-site contracted licensed mental health counselor through referral forms and/or through communication with the Assistant Principal's office or Principal's office.

Staff and students are encouraged to communicate any and all mental health concerns to administration and/or

our licensed mental health counselor and school counselor. Parents are encouraged to contact our contracted

licensed mental health counselor, Assistant Principal, and/or Principal with any mental health concerns that may

impact a Parrish Charter Academy student. Students with mental health concerns may schedule times to meet with the licensed mental health counselor and/or school counselor as well. School-based mental health services will be delivered within a multi-tiered system of supports.

Universal Preventions:

(Tier I) are provided for all students and address the needs of 80-90% of the student population. Secondary or targeted

(Tier II) interventions are provided for students at-risk of developing mental health challenges. These efforts will address 5-15% of the student population. Tertiary or intensive interventions (Tier III) address the

needs of 1-5% of the student population, reducing the effects of symptoms that may already be problematic. Students who do not sufficiently respond to school-wide positive behavior interventions and supports will receive targeted interventions at Tier II. Students whose problematic behavior persists will receive Tier III interventions as provided by the licensed mental health counselor. Community-based mental health referral agencies for accessing treatment and recovery services include: Centerstone, Suncoast Behavioral Health, and NAMI of Sarasota and Manatee Counties.

# Describe the role of school based mental health providers and community-based partners in the implementation of your evidence-based mental health program.

The Centerstone counselor will be supportive in nature to our contracted licensed mental health/ substance abuse counselor. Our contracted licensed mental health/substance abuse counselor will implement all evidence-based programs and best practices through their own professional decisionmaking as required through the use of our MTSS model.

#### **Community Contracts/Interagency Agreements**

#### List the contracts or interagency agreements with local behavioral health providers or Community Action Team (CAT) services and specify the type of behavioral health services being provided on or off the school campus.

Tabatha Perhealth, MS, LMHC 6311 French Creek Ct. Ellenton, FL 34222 tabbikat114@gmail.com 941-586-2609 Onsite Counseling - Licensed Mental Health Counselor/Substance Abuse Counselor Virtual Counseling (as needed) – Licensed Mental Health Counselor/Substance Abuse Counselor Emergency – (Onsite, Virtual, In-Office) Staff Training/Awareness – Professional Development Youth Mental Health Education – Develop and implement school wide presentations (1 each semester) 100% of the Mental Health Assistance Allocation Plan Funding. Parrish Charter Academy will provide additional funding to meet the needs of our students.

#### MHAA Planned Funds and Expenditures

#### **Allocation Funding Summary**

MHAA funds provided in the 2023-2024 Florida Education Finance Program (FEFP) \$ 33,498.00

Unexpended MHAA funds from previous fiscal years

Grand Total MHAA Funds

\$ 33,498.00

#### **MHAA planned Funds and Expenditures Form**

Please complete the MHAA planned Funds and Expenditures Form to verify the use of funds in accordance with (s.) 1006.041 Florida Statues.

The allocated funds may not supplant funds that are provided for this purpose from other operating funds and may not be used to increase salaries or provide bonuses. School districts are encouraged to maximize third-party health insurance benefits and Medicaid claiming for services, where appropriate.

The following documents were submitted as evidence for this section:

2181\_Parrish\_Charter\_Acaedemy\_MHAA\_Planned\_Expenditures\_Report\_2023-2024\_(1).pdf 2181 Parrish Charter Academy MHAA Expenditure Form Document Link

#### Charter Governing Board Approval

This application certifies that the **Manatee County Public Schools** governing board has approved the Mental Health Assistance Allocation Plan, which outlines the local program and planned expenditures to establish or expand school-based mental health care consistent with the statutory requirements for the mental health assistance allocation in accordance with section 1011.62(14), F.S.

**Governing Board Approval Date** Wednesday 8/2/2023