



FLORIDA DEPARTMENT OF
EDUCATION
fldoe.org



2022-23 Mental Health Application

Part I: Youth Mental Health Awareness Training Plan

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Introduction

The purpose of the combined mental health application is to streamline and merge two programs into one application. The Youth Mental Health Awareness Training (YMHAT) Plan and the Mental Health Assistance Allocation (MHAA) Plan are to provide supplemental funding to districts so schools can establish, expand and/or improve mental health care, awareness and training and offer a continuum of services. These allocations are appropriated annually to serve students and families through resources designed to foster quality mentalhealth. This application is separated into two primary sections: Part II includes the YMHAT Plan and Part III includes the MHAA Plan.

Part I. Mental Health Assistance Allocation Plan

In accordance with s. 1011.62, F.S., the MHAA Plan allocation is to assist districts with establishing or expanding school-based mental health care; training educators and other school staff in detecting and responding to mental health issues; and connecting children, youth and families who may experience behavioral health issues with appropriate services.

Submission Process and Deadline

The application must be submitted to the Florida Department of Education (FDOE) by August 1, 2022.

There are two submission options for charter schools (MHAA Plan Only):

- Option 1: District submission includes charter schools in their application.
- Option 2: Charter school(s) submit a separate application from the district.

Part I: Mental Health Assistance Allocation Plan

s. 1011.62, F.S.

MHAA Plan Assurances

The Charter School Assurances

One hundred percent of the state funded proportionate share is used to expand school-based mental health care; train educators and other school staff in detecting and responding to mental health issues; and connect children, youth and families with appropriate behavioral health services.

Yes

Mental health assistance allocation funds do not supplant other funding sources or increase salaries or provide staff bonuses or incentives.

Yes

Maximizing the use of other sources of funding to provide school-based mental health services (e.g., Medicaid reimbursement, third-party payments and grants).

Yes

Collaboration with FDOE to disseminate mental health information and resources to students and families.

Yes

Includes a system for tracking the number of students at high risk for mental health or co-occurring substance use disorders who received mental health screenings or assessments; the number of students referred to school-based mental health services providers; the number of students referred to community-based mental health services providers; the number of students who received school-based interventions, services or assistance; and the number of students who received community-based interventions, services or assistance.

Yes

A Charter school board policy or procedures has been established for

Students referred to a school-based or community-based mental health services provider, for mental health screening for the identification of mental health concerns and students at risk for mental health disorders are assessed within 15 calendar days of referral.

Yes

School-based mental health services are initiated within 15 calendar days of identification and assessment.

Yes

Community-based mental health services are initiated within 30 calendar days of referral.

Yes

Individuals living in a household with a student receiving services are provided information about behavioral health services through other delivery systems or payors for which such individuals may qualify if such services appear to be needed or enhancements in those individuals' behavioral health would contribute to the improved well-being of the student.

Yes

District schools and local mobile response teams use the same suicide screening instrument approved by FDOE pursuant to s. 1012.583, F.S., and Rule 6A-40010, Florida Administrative Code.

Yes

Assisting a mental health services provider or a behavioral health provider as described in s. 1011.62, F.S., respectively, or a school resource officer or school safety officer who has completed mental health crisis intervention training in attempting to verbally de-escalate a student's crisis situation before initiating an involuntary examination pursuant to s. 394.463, F.S. Such procedures must include strategies to de-escalate a crisis situation for a student with a developmental disability as that term is defined in s. 393.063, F.S.

Yes

The requirement that in a student crisis situation, the school or law enforcement personnel must make a reasonable attempt to contact a mental health professional who may initiate an involuntary examination pursuant to s. 394.463, F.S., unless the child poses an imminent danger to self or others before initiating an involuntary examination pursuant to s. 394.463, F.S. Such contact may be in person or using telehealth, as defined in s. 456.47, F.S. The mental health professional may be available to the school district either by contracts or interagency agreements with the managing entity, one or more local community behavioral health providers, or the local mobile response team, or be a direct or contracted school district employee. Note: All initiated involuntary examinations located on school grounds, on school transportation or at a school sponsored activity must be documented in the Involuntary Examinations and Restraint and Seclusion (IERS) platform.

Yes

Parents of students receiving services are provided information about other behavioral health services available through the student's school or local community-based behavioral health service providers. Schools may meet this requirement by providing information about and internet addresses for web-based directories or guides for local behavioral health services.

Yes

Planned Outcomes

Identify two specific and measurable goals that will be accomplished within the 2022-23 school year, and specify which component of Charter Assurance 1.a. directs that goal (refer to the Guidance Tab if needed).

- 1) Promote students' awareness and understanding of mental health disorders monthly through presentations and activities throughout the 22-23 academic school year.
- 2) Help all students develop their abilities to cope with life challenges and stress once a week using the second step evidence-based curricula throughout the 22-23 academic school year.

Charter Program Implementation

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| Evidence-Based Program | Psychosocial Interventions for Youth |
| Tier(s) of Implementation | Tier 1, Tier 2 |
| Describe the key EBP components that will be implemented. | |
| <p>Second Steps programs are research-based, teacher-informed, and classroom-tested to promote the social-emotional development, safety, and well-being of children from Early Learning through Grade 12.</p> <p>Second step is a holistic approach to SEL that supports both children's and educators' social-emotional competencies, provides SEL throughout the day and across the stages of child development, and occurs in positive, supportive environments. The following sections review the evidence on the effects of these approaches to SEL.</p> | |
| <p>Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.</p> | |
| <p>School Counselors and Teachers will administer the sessions to students grade K-12th, weekly for an hour. For each grade, the program is fully loaded with a year of weekly Second Step lessons. There's also program training, nearly 200 advisory activities, and an abundance of additional resources such as lesson plans to extend SEL throughout the day, and book lists.</p> <p>Whole Group sessions: Sessions will be held during school hours and cover a range of topics such as bullying prevention, empathy and compassion, emotion management, friendship skills, and problem-solving, and skills for learning.</p> <p>Small group or individual session: Lessons will be held during counseling sessions and cover a range of topics such as relaxation training, cognitive restructuring, social problem solving, positive activities, and emotional regulation and coping skills.</p> <ol style="list-style-type: none"> 1)The counselor or teacher explains a concept with words, pictures, video, and/or audio. 2)Students practice the concept through skill practice, group discussion, individual writing, or partner work. 3)The counselor or teacher continues reinforcing the concept throughout the week. 4)The counselor or teacher sends information home for students to work on with parents. 5)The counselor or teacher checks for understanding through activities and discussions. 6)The counselor or teacher re-teaches where necessary. 7)Parents can support the children in practicing the skills at home. <p>Socially and emotionally competent children are better able to recognize and manage emotions, mental health, develop care and concern for others, and handle challenging situations constructively and ethically.</p> | |
| <p>Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.</p> | |
| <p>In the Second Step programs, each unit ends with a performance task. These formative assessments are fun, engaging activities that allow students to demonstrate their learning from that unit and give educators an opportunity to monitor progress toward SEL goals.</p> | |

1) Improvement in emotional regulation
(Counselor or teacher reported)

2) Reduction in school referrals (office reported)

3) Improvement in emotional/behavioral problems (Counselor or teacher reported).

| | |
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| Evidence-Based Program | SAMHSA Evidence-Based Practices Resource Center |
| Tier(s) of Implementation | Tier 1, Tier 2 |
| Describe the key EBP components that will be implemented. | |
| <p>Second step programs are research-based, teacher-informed, and classroom-tested to promote the social-emotional development, safety, and well-being of children from Early Learning through Grade 12.</p> <p>Second step is a holistic approach to SEL that supports both children's and educators' social-emotional competencies, provides SEL throughout the day and across the stages of child development, and occurs in positive, supportive environments. The following sections review the evidence on the effects of these approaches to SEL.</p> | |
| <p>Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.</p> | |
| <p>School Counselors and Teachers will administer the sessions to students grade K-12th, weekly for an hour. For each grade, the program is fully loaded with a year of weekly Second Step lessons. There's also program training, nearly 200 advisory activities, and an abundance of additional resources such as lesson plans to extend SEL throughout the day, and book lists.</p> <p>Whole Group sessions: Sessions will be held during school hours and cover a range of topics such as bullying prevention, empathy and compassion, emotion management, friendship skills, and problem-solving, and skills for learning.</p> <p>Small group or individual session: Lessons will be held during counseling sessions and cover a range of topics such as relaxation training, cognitive restructuring, social problem solving, positive activities, and emotional regulation and coping skills.</p> | |
| <p>Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.</p> | |
| <p>In the Second Step programs, each unit ends with a performance task. These formative assessments are fun, engaging activities that allow students to demonstrate their learning from that unit and give educators an opportunity to monitor progress toward SEL goals.</p> <ol style="list-style-type: none"> 1) Improvement in emotional regulation (Counselor or teacher reported) 2) Reduction in school referrals (office reported) 3) Improvement in emotional/behavioral problems (Counselor or teacher reported). 4) Students with Functional assessment or SE-BIP will be assessed through monthly meetings and counselor reports. | |

Direct Employment

MHAA Plan Direct Employment

School Counselor

Current Ratio as of August 1, 2022

1:418

2022-2023 proposed Ratio by June 30, 2023

1:430

School Social Worker

Current Ratio as of August 1, 2022

2022-2023 proposed Ratio by June 30, 2023

School Psychologist

Current Ratio as of August 1, 2022

2022-2023 proposed Ratio by June 30, 2023

Other Licensed Mental Health Provider

Current Ratio as of August 1, 2022

2022-2023 proposed Ratio by June 30, 2023

Direct employment policy, roles and responsibilities

Explain how direct employment of school-based mental health services providers (school psychologists, school social workers, school counselors and other licensed mental health professionals) will reduce staff-to-student ratios.

The ability to employ a part time or full-time school counselor will assist school in meeting student mental health needs throughout the academic school year.

Describe your school's established policies and procedures to increase the amount of time student services personnel spend providing direct mental health services (e.g., review and revision of staffing allocations based on school or student mental health assistance needs).

1. Teachers will refer students using the counselor request form if the student is exhibiting high risk behaviors.
2. Counselors on site will teach social and emotional lessons monthly as whole group lessons per class
3. Tier 2 and Tier 3 students will receive counseling services once a week for 30 mins. Sessions will be aligned with the student's behavioral needs.

Describe the role of school based mental health providers and community-based partners in the implementation of your evidence-based mental health program.

School based mental providers will provide training opportunities for school personnel, students and parents to address mental health needs.

Community Contracts/Interagency Agreements

List the contracts or interagency agreements with local behavioral health providers or Community Action Team (CAT) services and specify the type of behavioral health services being provided on or off the school campus.

N/A

MHAA Planned Funds and Expenditures

Allocation Funding Summary

MHAA funds provided in the 2022-2023 Florida Education Finance Program (FEFP)

\$ 16,654.00

Unexpended MHAA funds from previous fiscal years as stated in your 2021-2022 MHAA Plan

\$ 0.00

Grand Total MHAA Funds

\$ 16,654.00

MHAA planned Funds and Expenditures Form

Please complete the MHAA planned Funds and Expenditures Form to verify the use of funds in accordance with (s.) 1011.62 Florida Statutes.

The allocated funds may not supplant funds that are provided for this purpose from other operating funds and may not be used to increase salaries or provide bonuses. School districts are encouraged to maximize third-party health insurance benefits and Medicaid claiming for services, where appropriate.

The following documents were submitted as evidence for this section:

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| MHAA_Planned_Expenditures_Report_2022-2023_Location_2013.pdf |
| <i>MHAA Planned Funds and Expenditures Form Location #2013</i> |
| Document Link |

Charter Governing Board Approval

This application certifies that the **Miami-Dade County Public Schools** governing board has approved the Mental Health Assistance Allocation Plan, which outlines the local program and planned expenditures to establish or expand school-based mental health care consistent with the statutory requirements for the mental health assistance allocation in accordance with section 1011.62(14), F.S.

Governing Board Approval date

Tuesday 7/26/2022