



## **2023-24 Mental Health Application**

Part I: Youth Mental Health Awareness Training Plan

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#### Introduction

### Mental Health Assistance Allocation Plan

#### s. 1006.041, F.S.

#### MHAA Plan Assurances

#### **The Charter School Assures**

One hundred percent of state funds are used to establish or expand school-based mental health care; train educators and other school staff in detecting and responding to mental health issues; and connect children, yo and families with appropriate behavioral health services.

Yes

Mental health assistance allocation funds do not supplant other funding sources or increase salaries or provid bonuses or incentives

#### Yes

Other sources of funding will be maximized-to provide school-based mental health services (e.g., Medicaid reimbursement, third-party payments and grants).

Yes

Collaboration with FDOE to disseminate mental health information and resources to students and families.

Yes

A system is included for tracking the number of students at high risk for mental health or co-occurring substan disorders who received mental health screenings or assessments; the number of students referred to schoolmental health services

Yes

Curriculum and materials purchased using MHAA funds have received a thorough review and all content is in compliance with State Board of Education Rules and Florida Statutes.

Yes

#### A charter governing board policy or procedure has been established for

Students referred to a school-based or community-based mental health services provider, for mental health screening for the identification of mental health concerns and students at risk for mental health disorders are assessed within 15 calendar days of referral.

Yes

School-based mental health services are initiated within 15 calendar days of identification and assessment.

Yes

Community-based mental health services are initiated within 30 calendar days of referral.

Yes

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Individuals living in a household with a student receiving services are provided information about behavioral h services through other delivery systems or payors for which such individuals may qualify if such services apper be needed or enhancements in those individuals' behavioral health would contribute to the improved well-bein the student.

#### Yes

District schools and local mobile response teams use the same suicide screening instrument approved by FD pursuant to s. 1012.583, F.S., and Rule 6A-4.0010, F.A.C.

#### Yes

Assisting a mental health services provider or a behavioral health provider as described ins. 1006.041, F.S., respectively, ora school resource officer or school safetyofficerwho has completed mental health crisis interve training in attempting to verbally de escalate a student's crisis situation before initiating an involuntary examina pursuant to s. 394.463, F.S. Such procedures must include strategies to de-escalate a crisis situation for a stuwith a developmental disability as that term is defined ins. 393.063, F.S.

#### Yes

The requirement that in a student crisis situation, the school or law enforcement personnel must make a reason attempt to contact a mental health professional who may initiate an involuntary examination pursuant to s. 394 F.S., unless the child poses an imminent danger to self or others before initiating an involuntary examination pursuant to s. 394.463, F.S. Such contact may be in person or using te lehealth, as defined ins. 456.47, F.S. mental health professional may be available to the school district either by contracts or interagency agreement the managing entity, one or more local community behavioral health providers, the local mobile response tear be a direct or contracted school district employee. Note: All initiated involuntary examinations located on school grounds, on school transportation or at a school sponsored activity must be documented in the Involuntary Examinations and Restraint and Seclusion (IERS) platform.

#### Yes

Parents of students receiving services are provided information about other behavioral health services available through the student's school or local community-based behavioral health service providers. Schools may mee requirement by providing information about and internet addresses for web-based directories or guides for local behavioral health services.

#### Yes

The Mental Health Assistance Allocation Plan must be focused on a multitiered system of supports to deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high r such diagnoses. s. 1006.041, F.S.

Yes

#### **District Program Implementation**

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Evidence-Based Program	Attitude is Altitude
Tier(s) of Implementation	Tier 1
Describe the key EBP components that will be implemented.	

A comprehensive learning experience that includes a K-12 curriculum where students learn and repeatedly practice skills for learning and life, known as Noble Techniques, that help them shift to be confident, proactive, respectful, compassionate students who develop healthy relationships and make responsible decisions. This experience is bu upon an intentional implementation approach.

Explain how your district will implement evidence-based mental health services for students to improve the ear identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of a students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies how these will assist students dealing with trauma and violence.

Attitude is Altitude will be implemented by teachers in designated grade levels through classroom lessons. The curriculum is aligned to research based on skills for learning and life, with an emphasis on self-awareness, self-management, social awareness, relationship skills and responsible decision-making.

Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, trea and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses ar students at high risk of such diagnoses.

Supports will help students develop their skills for learning and life and will help them succeed in the classroom and beyond. Skills for learning and life will be how children and adults learn to understand and manage emotions, set g show empathy for others, establish positive relationships and make responsible decisions. This will result in stronge academic outcomes, improved behaviors and student attendance, increased graduation rates, long-term and globa impact, and improve lifetime outcomes.

Evidence-Based Program	Invo's "Integrated Multidisciplinary Program to Address Childhood Trauma" (IMPACT) – Targeted Small Group Interventions
Tier(s) of Implementation	Tier 2
Describe the key EBP components that will be implemented.	

IMPACT provides front-line support for schools in driving outcomes for high-risk students by addressing the underly causes of challenging, disruptive, and sometimes dangerous behaviors. Leveraging a unique team-based approach program integrates experienced Mental Health and Behavioral Health teams into the natural school environment to dramatically increase student's social and emotional skills while teaching and fostering replacement behaviors. Interventions are delivered by licensed mental health professionals who receive regular support from a board-certif behavior analyst. Behavior support and therapeutic interventions are provided while encouraging academic support progress. Interventions are provided to targeted students in small groups, with a focus on skill acquisition, stress reduction, increased self-awareness, and enhanced personal empowerment.

Explain how your district will implement evidence-based mental health services for students to improve the ear identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of a students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies how these will assist students dealing with trauma and violence.

Interventions align closely with cognitive-behavioral therapy (CBT) techniques and applied behavior analysis with the explicit goal of reducing mental health symptoms, improving functioning in a variety of domains, encouraging youth their parents to understand the nature of mental health and/or substance related disorders and how to use newly learned skills to maintain position functioning and recovery. In CBT, youth are taught about the link between though and emotions, and how they may affect subsequent behavior. By replacing maladaptive thoughts with adaptive thoughts, youth are able to make better decisions about how to actor behavior and how to apply good coping skills. also make use of established behavior principles such as positive reinforcement to reward adaptive behavior and extinguish unhealthy behaviors. Trauma-focused CBT is a subspecialty within CBT that allows providers to focus of on Adverse Childhood Experiences (ACEs). This therapy addresses affective/emotional, cognitive/thinking-based a behavioral problems by incorporating discussions about the specifics of the trauma, teaching effective parenting sk caregivers, and capitalizing on the healing therapeutic alliance between therapist and student. Tier 2 services will b provided via targeted small group interventions.

Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, trea and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses ar students at high risk of such diagnoses.

Implementation and treatment will allow students to make progress in areas of skill acquisition, stress reduction, increased self-awareness, and enhanced personal empowerment.

Evidence-Based Program	Invo's "Integrated Multidisciplinary Program to Address Childhood Trauma" (IMPACT) – Intensive Individualized Interventions
Tier(s) of Implementation	Tier 3
Describe the key EBP components that will be implemented.	

IMPACT provides front-line support for schools in driving outcomes for high-risk students by addressing the underly causes of challenging, disruptive, and sometimes dangerous behaviors. Leveraging a unique team-based approach program integrates experienced Mental Health and Behavioral Health teams into the natural school environment to dramatically increase student's social and emotional skills while teaching and fostering replacement behaviors. Interventions are delivered by licensed mental health professionals who receive regular support from a board-certif behavior analyst. Behavior support and therapeutic interventions are provided while encouraging academic support progress. Interventions draw on each youth's strengths and may incorporate family with the goal of establishing head behaviors that will serve the youth throughout his/her lifetime.

Explain how your district will implement evidence-based mental health services for students to improve the ear identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of a students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies how these will assist students dealing with trauma and violence.

Interventions align closely with cognitive-behavioral therapy (CBT) techniques and applied behavior analysis with the explicit goal of reducing mental health symptoms, improving functioning in a variety of domains, encouraging youth their parents to understand the nature of mental health and/or substance related disorders and how to use newly learned skills to maintain position functioning and recovery. In CBT, youth are taught about the link between though and emotions, and how they may affect subsequent behavior. By replacing maladaptive thoughts with adaptive thoughts, youth are able to make better decisions about how to actor behavior and how to apply good coping skills. also make use of established behavior principles such as positive reinforcement to reward adaptive behavior and extinguish unhealthy behaviors. Trauma-focused CBT is a subspecialty within CBT that allows providers to focus of on Adverse Childhood Experiences (ACEs). This therapy addresses affective/emotional, cognitive/thinking-based a behavioral problems by incorporating discussions about the specifics of the trauma, teaching effective parenting sk caregivers, and capitalizing on the healing therapeutic alliance between therapist and student. Tier 3 services will b provided via individual therapy and/or family therapy.

Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, trea and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses ar students at high risk of such diagnoses.

Implementation and treatment will allow students to make progress in relevant domains assessed by the Invo Outc Scale (IOS), which is administered at intake and discharge. The IOS measures the following domains: Anxiety Symptoms, Anger Symptoms, Attitude Towards School, Coping Skills Acquisition, Crisis Response/Sense of Safety Depressive Symptoms, Feelings of Connectedness/Belonging, Improvement of Behavior, Self-Esteem, and Socialization/Peer Relations.

#### Direct Employment

#### MHAA Plan Direct Employment

#### **School Counselor**

Current Ratio as of August 1, 2023

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#### N/A

2023-2024 proposed Ratio by June 30, 2024 N/A

#### School Social Worker

Current Ratio as of August 1, 2023 N/A

2023-2024 proposed Ratio by June 30, 2024 N/A

#### School Psychologist

Current Ratio as of August 1, 2023 N/A

2023-2024 proposed Ratio by June 30, 2024 N/A

#### Other Licensed Mental Health Provider

*Current Ratio as of August 1, 2023* **1** 

2023-2024 proposed Ratio by June 30, 2024

#### Direct employment policy, roles and responsibilities

# Explain how direct employment of school-based mental health services providers (school psychologis school social workers, school counselors and other licensed mental health professionals) will reduce to-student ratios.

The school will secure licensed mental health providers who will work on site for at least a total number of hou commensurate to a minimum of 90% of the school's MHAA. Additional funding opportunities will be sought to for increased financial resources to allow for expanded provider service schedules and a reduction in staff-to-student ratios.

# Describe your district's established policies and procedures to increase the amount of time student services personnel spend providing direct mental health services (e.g., review and revision of staffing allocations based on school or student mental health assistance needs).

Through mental health team meetings, the school will identify students who are at the greatest need of interver. We will use an MTSS model to allocate resources based on student need. Students identified as needing Tier interventions will have the greatest number of touch-points, followed by those identifies as needing Tier 2 sup The team will meet regularly to review student progress.

## Describe the role of school based mental health providers and community-based partners in the implementation of your evidence-based mental health program.

Providers/partners will work collaboratively with the school mental health team to ensure that services are alig and coordinated to meet the needs of the students on the caseload. Services will be initiated timely, in accord with state statute.

#### Community Contracts/Interagency Agreements

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List the contracts or interagency agreements with local behavioral health providers or Community Ac Team (CAT) services and specify the type of behavioral health services being provided on or off the s campus.

Invo-Progressus Therapy: Qualified mental health provider (LMHC, LMFT, LCSW, RMHCI, RMFTI, RCSWI) -Assessment, therapy, collaboration Invo-Progressus Therapy: Board Certified Behavior Analyst - Consultation/Collaboration

#### MHAA Planned Funds and Expenditures

#### **Allocation Funding Summary**

MHAA funds provided in the 2023-2024 Florida Education Finance Program (FEFP)

\$ 44,280.00

Unexpended MHAA funds from previous fiscal years \$ 37,020.00

**Grand Total MHAA Funds** 

\$ 81,300.00

#### MHAA planned Funds and Expenditures Form

Please complete the MHAA planned Funds and Expenditures Form to verify the use of funds in accordance with 1006.041 Florida Statues.

The allocated funds may not supplant funds that are provided for this purpose from other operating funds and ma be used to increase salaries or provide bonuses. School districts are encouraged to maximize third-party health insurance benefits and Medicaid claiming for services, where appropriate.

The following documents were submitted as evidence for this section:

50-3431\_Renaissance\_Charter\_School\_at\_West\_Palm\_Beach\_MHAA\_Planned\_Expenditures\_Report\_2023-20 50-3431 Renaissance Charter School at West Palm Beach MHAAP Planned Expenditures Report 2023-2024 Document Link

#### Charter Governing Board Approval

This application certifies that the **The School District of Palm Beach County** governing board has approved the N Health Assistance Allocation Plan, which outlines the local program and planned expenditures to establish or expan school-based mental health care consistent with the statutory requirements for the mental health assistance allocation accordance with section 1011.62(14), F.S.

#### **Governing Board Approval Date**

Tuesday 6/27/2023