



# **2023-24 Mental Health Application**

Part I: Youth Mental Health Awareness Training Plan

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### Introduction

## Mental Health Assistance Allocation Plan

#### s. 1006.041, F.S.

#### MHAA Plan Assurances

#### **The Charter School Assures**

One hundred percent of state funds are used to establish or expand school-based mental health care; train educators and other school staff in detecting and responding to mental health issues; and connect children, youth and families with appropriate behavioral health services.

Yes

Mental health assistance allocation funds do not supplant other funding sources or increase salaries or provide staff bonuses or incentives

#### Yes

Other sources of funding will be maximized-to provide school-based mental health services (e.g., Medicaid reimbursement, third-party payments and grants).

Yes

Collaboration with FDOE to disseminate mental health information and resources to students and families.

#### Yes

A system is included for tracking the number of students at high risk for mental health or co-occurring substance use disorders who received mental health screenings or assessments; the number of students referred to school-based mental health services

Yes

Curriculum and materials purchased using MHAA funds have received a thorough review and all content is in compliance with State Board of Education Rules and Florida Statutes.

Yes

#### A charter governing board policy or procedure has been established for

Students referred to a school-based or community-based mental health services provider, for mental health screening for the identification of mental health concerns and students at risk for mental health disorders are assessed within 15 calendar days of referral.

Yes

School-based mental health services are initiated within 15 calendar days of identification and assessment.

Yes

Community-based mental health services are initiated within 30 calendar days of referral.

Yes

Individuals living in a household with a student receiving services are provided information about behavioral health services through other delivery systems or payors for which such individuals may qualify if such services appear to be needed or enhancements in those individuals' behavioral health would contribute to the improved well-being of the student.

#### Yes

District schools and local mobile response teams use the same suicide screening instrument approved by FDOE pursuant to s. 1012.583, F.S., and Rule 6A-4.0010, F.A.C.

#### Yes

Assisting a mental health services provider or a behavioral health provider as described ins. 1006.041, F.S., respectively, ora school resource officer or school safetyofficerwho has completed mental health crisis intervention training in attempting to verbally de escalate a student's crisis situation before initiating an involuntary examination pursuant to s. 394.463, F.S. Such procedures must include strategies to de-escalate a crisis situation for a student with a developmental disability as that term is defined ins. 393.063, F.S.

#### Yes

The requirement that in a student crisis situation, the school or law enforcement personnel must make a reasonable attempt to contact a mental health professional who may initiate an involuntary examination pursuant to s. 394.463, F.S., unless the child poses an imminent danger to self or others before initiating an involuntary examination pursuant to s. 394.463, F.S. Such contact may be in person or using te lehealth, as defined ins. 456.47, F.S. The mental health professional may be available to the school district either by contracts or interagency agreements with the managing entity, one or more local community behavioral health providers, the local mobile response team, or be a direct or contracted school district employee. Note: All initiated involuntary examinations located on school grounds, on school transportation or at a school sponsored activity must be documented in the Involuntary Examinations and Restraint and Seclusion (IERS) platform.

#### Yes

Parents of students receiving services are provided information about other behavioral health services available through the student's school or local community-based behavioral health service providers. Schools may meet this requirement by providing information about and internet addresses for web-based directories or guides for local behavioral health services.

#### Yes

The Mental Health Assistance Allocation Plan must be focused on a multitiered system of supports to deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses. s. 1006.041, F.S.

#### Yes

#### **District Program Implementation**

Evidence-Based Program	Monique Burr Foundation Child Safety Matters
Tier(s) of Implementation	Tier 2
Describe the key EBP components that will be implemented.	
grades K-5. The program educ	rehensive, evidence based curriculum for elementary school students in ates and empowers children and all relevant adults with inforamtion and e, and respond appropriately to bullying, cyberbullying, all types of abuse
the early identification of social the likelihood of at risk student	mplement evidence-based mental health services for students to improve I, emotional, or behavioral problems or substance use disorders, as well as ts developing social emotional or behavioral problems, depression, anxiety sies, and how these will assist students dealing with trauma and violence.
MBF curriculum will be presented to specific students in need of the lessons to ensure the students are receiving engaging lessons to help with issues that may arise.	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
The engaging lessons will help support the students with strategies for emotional regulation, anxiety, decrease bullying, etc	

Evidence-Based Program	PBIS and YMHFT
Tier(s) of Implementation	Tier 1
Describ	e the key EBP components that will be implemented.
process of research-based ass puilding social and other function occurrence of problem behavior	and Supports is an approach to behavior support that includes an ongoing sessment, interventions and data-based decision making focused on onal competencies creating supportive contexts, and preventing the ors. PBS relies on strategies that are respectful of a person's dignity and drawn primarily from behavioral, educational and social sciences, although res may be incorporated.
who is experiencing a crisis. The	rents, family members, teachers, school staff, peers, etc to help a child ne course introduces common mental health challenges in youth and n how to help young people both in a crisis situation or a non crisis
he early identification of socia the likelihood of at risk studen	implement evidence-based mental health services for students to improve I, emotional, or behavioral problems or substance use disorders, as well as ts developing social emotional or behavioral problems, depression, anxiety cies, and how these will assist students dealing with trauma and violence.
	ent PBIS strategies throughout the school day. Strategies and support will nd other school areas. Students will receive rewards as incentives to grow
All teachers, staff, and adminis extra support.	tration will be trained in the YMHT to support students that may need the
intervention, treatment and re-	will deliver evidence-based mental health care assessment, diagnosis, covery services to students with one or more mental health or co-occurring se diagnoses and to students at high risk of such diagnoses.

Evidence-Based Program	Play Therapy	
Tier(s) of Implementation	Tier 3	
Describe the key EBP components that will be implemented.		
Play therapy utiizes play, children's natural medium of expression, to help them express their feelings more easily through toys instead of words.		
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.		
Our mental health therapist will administer sessions as needed to support the students in coping strategies and problem solving skills.		
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.		
It will decrease negative behaviors while boosting emotional regulation and impulse control.		
Direct Employment		

## MHAA Plan Direct Employment

#### School Counselor

*Current Ratio as of August 1, 2023* **n/a** 

2023-2024 proposed Ratio by June 30, 2024 n/a

#### School Social Worker

*Current Ratio as of August 1, 2023* **n/a** 

2023-2024 proposed Ratio by June 30, 2024 n/a

#### School Psychologist

Current Ratio as of August 1, 2023 n/a

2023-2024 proposed Ratio by June 30, 2024 n/a

#### Other Licensed Mental Health Provider

Current Ratio as of August 1, 2023

1:107

2023-2024 proposed Ratio by June 30, 2024 **1:107** 

Direct employment policy, roles and responsibilities

Explain how direct employment of school-based mental health services providers (school psychologists, school social workers, school counselors and other licensed mental health professionals) will reduce staff-to-student ratios.

Our licensed mental health provider will increase the amount of time student service personnel can spend by providing direct mental health services to students.

Describe your district's established policies and procedures to increase the amount of time student services personnel spend providing direct mental health services (e.g., review and revision of staffing allocations based on school or student mental health assistance needs).

Parents, teachers, and staff who have mental health concerns about a student or a student has concerns about themselves or another student establish contact with our school administration who will then send referral via email or hand deliver and immediately discuss and assess the student's needs. Referrals are tracked as they are received. Parents/guardians are contacted to discuss student needs and request consent for mental health services. Once parents/guardians give consent, our mental health provider will schedule services.

Describe the role of school based mental health providers and community-based partners in the implementation of your evidence-based mental health program.

Our licensed mental health provider provides mental health services to include individual and family therapy.

#### **Community Contracts/Interagency Agreements**

List the contracts or interagency agreements with local behavioral health providers or Community Action Team (CAT) services and specify the type of behavioral health services being provided on or off the school campus.

Kim Carpenter-Herring, M.S.W., L.C.S.W. Florida Supreme Court Cetified Family Mediator Parenting Coordinator

Individual/Group Counseling

#### MHAA Planned Funds and Expenditures

#### **Allocation Funding Summary**

MHAA funds provided in the 2023-2024 Florida Education Finance Program (FEFP)

\$ 10,486.00

**Unexpended MHAA funds from previous fiscal years** \$ 0.00

Grand Total MHAA Funds \$ 10,486.00

#### MHAA planned Funds and Expenditures Form

Please complete the MHAA planned Funds and Expenditures Form to verify the use of funds in accordance with (s.) 1006.041 Florida Statues.

The allocated funds may not supplant funds that are provided for this purpose from other operating funds and may not be used to increase salaries or provide bonuses. School districts are encouraged to maximize third-party health insurance benefits and Medicaid claiming for services, where appropriate.

The following documents were submitted as evidence for this section:

MHAA\_Planned\_Expenditures\_2023.pdf MHAAP planned funds and expenditures sheet Document Link

#### Charter Governing Board Approval

This application certifies that the **Dixie District Schools** governing board has approved the Mental Health Assistance Allocation Plan, which outlines the local program and planned expenditures to establish or expand school-based mental health care consistent with the statutory requirements for the mental health assistance allocation in accordance with section 1011.62(14), F.S.

#### **Governing Board Approval Date**

Thursday 7/13/2023