



FLORIDA DEPARTMENT OF  
**EDUCATION**  
fldoe.org



# 2023-24 Mental Health Application

## Part I: Youth Mental Health Awareness Training Plan

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## Introduction

### Mental Health Assistance Allocation Plan

s. 1006.041, F.S.

#### MHAA Plan Assurances

##### The Charter School Assures

One hundred percent of state funds are used to establish or expand school-based mental health care; train educators and other school staff in detecting and responding to mental health issues; and connect children, youth and families with appropriate behavioral health services.

Yes

Mental health assistance allocation funds do not supplant other funding sources or increase salaries or provide staff bonuses or incentives

Yes

Other sources of funding will be maximized-to provide school-based mental health services (e.g., Medicaid reimbursement, third-party payments and grants).

Yes

Collaboration with FDOE to disseminate mental health information and resources to students and families.

Yes

A system is included for tracking the number of students at high risk for mental health or co-occurring substance use disorders who received mental health screenings or assessments; the number of students referred to school-based mental health services

Yes

Curriculum and materials purchased using MHAA funds have received a thorough review and all content is in compliance with State Board of Education Rules and Florida Statutes.

Yes

##### A charter governing board policy or procedure has been established for

Students referred to a school-based or community-based mental health services provider, for mental health screening for the identification of mental health concerns and students at risk for mental health disorders are assessed within 15 calendar days of referral.

Yes

School-based mental health services are initiated within 15 calendar days of identification and assessment.

Yes

Community-based mental health services are initiated within 30 calendar days of referral.

Yes

Individuals living in a household with a student receiving services are provided information about behavioral health services through other delivery systems or payors for which such individuals may qualify if such services appear to be needed or enhancements in those individuals' behavioral health would contribute to the improved well-being of the student.

Yes

District schools and local mobile response teams use the same suicide screening instrument approved by FDOE pursuant to s. 1012.583, F.S., and Rule 6A-4.0010, F.A.C.

Yes

Assisting a mental health services provider or a behavioral health provider as described ins. 1006.041, F.S., respectively, or a school resource officer or school safety officer who has completed mental health crisis intervention training in attempting to verbally de-escalate a student's crisis situation before initiating an involuntary examination pursuant to s. 394.463, F.S. Such procedures must include strategies to de-escalate a crisis situation for a student with a developmental disability as that term is defined ins. 393.063, F.S.

Yes

The requirement that in a student crisis situation, the school or law enforcement personnel must make a reasonable attempt to contact a mental health professional who may initiate an involuntary examination pursuant to s. 394.463, F.S., unless the child poses an imminent danger to self or others before initiating an involuntary examination pursuant to s. 394.463, F.S. Such contact may be in person or using telehealth, as defined ins. 456.47, F.S. The mental health professional may be available to the school district either by contracts or interagency agreements with the managing entity, one or more local community behavioral health providers, the local mobile response team, or be a direct or contracted school district employee. Note: All initiated involuntary examinations located on school grounds, on school transportation or at a school sponsored activity must be documented in the Involuntary Examinations and Restraint and Seclusion (IERS) platform.

Yes

Parents of students receiving services are provided information about other behavioral health services available through the student's school or local community-based behavioral health service providers. Schools may meet this requirement by providing information about and internet addresses for web-based directories or guides for local behavioral health services.

Yes

The Mental Health Assistance Allocation Plan must be focused on a multitiered system of supports to deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses. s. 1006.041, F.S.

Yes

## District Program Implementation

<b>Evidence-Based Program</b>	Sanford Harmony Curriculum
<b>Tier(s) of Implementation</b>	Tier 1
Describe the key EBP components that will be implemented.	
Character based education — Sanford Harmony curriculum with focus on diversity & inclusion; empathy & critical thinking; communication skills; problem solving; & peer relationship skill building.	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.	
Teachers implement character focused lessons with the support of the school counselor.	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
Improved social and emotional skills - Measured by teacher & parent report, & discipline referral data. Reviewed at School Wide Support Team meetings as needed.	

<b>Evidence-Based Program</b>	Mental Health Awareness
<b>Tier(s) of Implementation</b>	Tier 1
Describe the key EBP components that will be implemented.	
Lessons focus on self-care; coping strategies; advocacy skills & resources; understanding mental health conditions; & suicide prevention.	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.	
Evolution Labs: Suite 360 curriculum implemented by school counselor.	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
Improved knowledge of mental health, & demonstration of positive behaviors that support both their own and their peers' mental health. - Measured by teacher, parent, & student report, as well as mental health referral report data. Reviewed at School Wide Support Team meetings as needed.	

<b>Evidence-Based Program</b>	Restorative Practices
<b>Tier(s) of Implementation</b>	Tier 1
Describe the key EBP components that will be implemented.	
Proactive and responsive restorative practices used to develop positive class climate and resolve conflicts.	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.	
Facilitated school-wide for class, small group, or individual conflict resolution.	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
Reduction in negative behaviors and increased development of student conflict resolution competencies as reported by teachers, parents, staff and discipline referral data.	

<b>Evidence-Based Program</b>	Ron Clark House System
<b>Tier(s) of Implementation</b>	Tier 1
Describe the key EBP components that will be implemented.	
System that promotes positive behavior, character development, & school-based relationships.	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.	
System is embedded into the school day and facilitated by teachers and staff.	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
Improve behavior management and social/ emotional skills - Measured by teacher & parent report, & discipline referral data. Reviewed at School Wide Support Team meetings as needed.	

<b>Evidence-Based Program</b>	School Counselor Website
<b>Tier(s) of Implementation</b>	Tier 1
Describe the key EBP components that will be implemented.	
Provides social/emotional resources and student referral.	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.	
Students and guardians may access the school counseling website via a link in their homeroom Google Classroom or the school website.	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
Increased access to social/emotional resources for students and their families. - Measured by teacher, parent and student report.	

<b>Evidence-Based Program</b>	Substance Abuse Prevention
<b>Tier(s) of Implementation</b>	Tier 1
Describe the key EBP components that will be implemented.	
Lessons provide students with age-appropriate, factual information on alcohol, tobacco, and drugs. Lessons are focused on teaching students social and decision-making skills they need in order to make sound decisions, pursue healthy life choices, and avoid substance abuse.	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.	
Evolution Labs; Suite 360 curriculum implemented by the school counselor.	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
Reduce student use of controlled substances. - Measured by teacher and parent report and behavior referral data. Reviewed at School Wide Support Team meetings as needed.	

<b>Evidence-Based Program</b>	Personal Safety
<b>Tier(s) of Implementation</b>	Tier 1
Describe the key EBP components that will be implemented.	
Students are introduced to basic personal safety information that instills self-protective skills and reduces vulnerability to victimization, exploitation, and abuse. Each lesson consists of developmentally appropriate concepts that are consistent with current research and intended to educate and empower students. Topics covered include, but are not limited to, abuse prevention, bullying, and internet safety.	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.	
Lessons are delivered by facilitators from the Sarasota Child Protection Center to each class.	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
Improved development of self-protective skills- Measured by teacher, parent and student report.	

<b>Evidence-Based Program</b>	Kognito Training
<b>Tier(s) of Implementation</b>	Tier 1
Describe the key EBP components that will be implemented.	
Virtual training for staff members that work with students to promote student wellness, academic performance, attendance, and school safety.	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.	
Virtual training facilitated by school counselor to all staff	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
Improved knowledge of how to support the social and emotional needs of at-risk students.	



<b>Evidence-Based Program</b>	Youth Mental Health First Aid
<b>Tier(s) of Implementation</b>	Tier 1
Describe the key EBP components that will be implemented.	
Increase staff awareness in supporting students with mental health concerns.	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.	
Staff trained through the district professional development system.	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
Increase staff awareness of supporting students with mental health concerns.	

<b>Evidence-Based Program</b>	Skills Group Counseling
<b>Tier(s) of Implementation</b>	Tier 2
Describe the key EBP components that will be implemented.	
Small groups take place during lunch for students experiencing difficulties with emotion regulation, grief, social skills, family concerns, academic struggles, and more.	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.	
Facilitated by school counselor.	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
Measured by teacher, parent and student report. Reviewed at School Wide Support Team meetings as needed.	

<b>Evidence-Based Program</b>	Response to Intervention/ Behavior Intervention Plans
<b>Tier(s) of Implementation</b>	Tier 2
Describe the key EBP components that will be implemented.	
Assessment and interpretation of behavioral data to monitor response to intervention. Development and monitoring of individual student behavior intervention plans.	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.	
Implementation by the School Counselor, SWST, School Psychologist and classroom teachers.	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
Tier 2 RTI data collected by the teachers using behavior rating sheets.	

<b>Evidence-Based Program</b>	Suicide Risk/ Threat Assessment
<b>Tier(s) of Implementation</b>	Tier 3
Describe the key EBP components that will be implemented.	
School Counselor, School Psychologist, or other mental health profession and Principal.	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.	
School Counselor, School Psychologist, or other mental health profession and Principal.	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
Columbia Suicide Severity Rating Scale.	

<b>Evidence-Based Program</b>	Protocols for Responding to Bullying
<b>Tier(s) of Implementation</b>	Tier 3
Describe the key EBP components that will be implemented.	
Protocols to prevent bullying, as well as, providing intervention when bullying occurs.	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.	
School Counselor and Principal	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
Safety Plan or Stay Away Agreement	

<b>Evidence-Based Program</b>	Psychological Assessment of Social, Emotional and Behavioral Problems
<b>Tier(s) of Implementation</b>	Tier 3
Describe the key EBP components that will be implemented.	
Psychological assessment of social, emotional, and behavioral problems	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.	
School Psychologist and CARE Team	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
Specifically designed interventions, instructional support and/or accommodations.	

<b>Evidence-Based Program</b>	Direct Therapeutic Services to Students
<b>Tier(s) of Implementation</b>	Tier 3
Describe the key EBP components that will be implemented.	
Therapy provided for Tier 3 students that need intervention and support.	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.	
Services provided at school or in the home via community partners: Youth Prevention Services; JFCS; Centerstone; Tidewell Hospice; First Step Sarasota.	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
Student, parent and counselor report.	

<b>Evidence-Based Program</b>	Counseling as a Related Service
<b>Tier(s) of Implementation</b>	Tier 3
Describe the key EBP components that will be implemented.	
An accommodation and/or extra support assigned to students with an IEP or 504 Plan.	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.	
School Counselor, School Psychologist, or other mental health professional.	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
Quarterly progress reports on IEP goals.	

<b>Evidence-Based Program</b>	Suicide Intervention and Postvention
<b>Tier(s) of Implementation</b>	Tier 3
Describe the key EBP components that will be implemented.	
Suicide intervention and postvention support	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.	
School Counselor, School Psychologist, or other mental health profession	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
Safety Plan	

## Direct Employment

### MHAA Plan Direct Employment

#### School Counselor

*Current Ratio as of August 1, 2023*

**1:500**

*2023-2024 proposed Ratio by June 30, 2024*

**1:500**

#### School Social Worker

*Current Ratio as of August 1, 2023*

**0:500**

*2023-2024 proposed Ratio by June 30, 2024*

**0:500**

#### School Psychologist

*Current Ratio as of August 1, 2023*

**1:500**

*2023-2024 proposed Ratio by June 30, 2024*

**1:500**

#### Other Licensed Mental Health Provider

*Current Ratio as of August 1, 2023*

**N/A**

*2023-2024 proposed Ratio by June 30, 2024*

N/A

**Direct employment policy, roles and responsibilities**

**Explain how direct employment of school-based mental health services providers (school psychologists, school social workers, school counselors and other licensed mental health professionals) will reduce staff-to-student ratios.**

Quarterly review and revision of staffing allocations based on school or student mental health assistance needs will continue to drive the amount of time student services personnel spend providing direct mental health services.

**Describe your district's established policies and procedures to increase the amount of time student services personnel spend providing direct mental health services (e.g., review and revision of staffing allocations based on school or student mental health assistance needs).**

Student referrals and services will be documented on a spreadsheet & updated at each SWST meeting & reviewed quarterly. Other data will include intervention data, classroom data, discipline data, climate surveys, & district provide early warning system indicators.

**Describe the role of school based mental health providers and community-based partners in the implementation of your evidence-based mental health program.**

School counselor focus on preventative & responsive services; school psychologist focus on assessment and crisis response; Roles collaborate and partner with outside providers when appropriate.

**Community Contracts/Interagency Agreements**

**List the contracts or interagency agreements with local behavioral health providers or Community Action Team (CAT) services and specify the type of behavioral health services being provided on or off the school campus.**

Mental Health Provider- Staff Counselor  
Agency- Youth Prevention Services  
Service Provider- Individual Counseling

Mental Health Provider- Staff Counselor  
Agency- First Step Service  
Provider- Crisis Response Counseling

Mental Health Provider- Sarah Swasey  
Agency- Herrera Psychology  
Service Provider- Assessment

**MHAA Planned Funds and Expenditures****Allocation Funding Summary**

**MHAA funds provided in the 2023-2024 Florida Education Finance Program (FEFP)**  
\$ 23,920.00

**Unexpended MHAA funds from previous fiscal years**  
\$ 0.00

**Grand Total MHAA Funds**

\$ 23,920.00

**MHAA planned Funds and Expenditures Form**

Please complete the MHAA planned Funds and Expenditures Form to verify the use of funds in accordance with (s.) 1006.041 Florida Statutes.

The allocated funds may not supplant funds that are provided for this purpose from other operating funds and may not be used to increase salaries or provide bonuses. School districts are encouraged to maximize third-party health insurance benefits and Medicaid claiming for services, where appropriate.

The following documents were submitted as evidence for this section:

ImagineSchoolatPalmerRanch_MHAA_Planned_Expenditures_Report_2022_-_2023.pdf
<i>Imagine School at Palmer Ranch</i>
<a href="#">Document Link</a>

**Charter Governing Board Approval**

This application certifies that the **Sarasota County Schools** governing board has approved the Mental Health Assistance Allocation Plan, which outlines the local program and planned expenditures to establish or expand school-based mental health care consistent with the statutory requirements for the mental health assistance allocation in accordance with section 1011.62(14), F.S.

**Governing Board Approval Date**

Thursday 7/27/2023