



# **2023-24 Mental Health Application**

**Mental Health Assistance Allocation Plan** 

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#### Introduction

#### Mental Health Assistance Allocation Plan

#### s. 1006.041, F.S.

#### MHAA Plan Assurances

#### **The District Assures**

One hundred percent of state funds are used to establish or expand school-based mental health care; train educators and other school staff in detecting and responding to mental health issues; and connect children, youth and families with appropriate behavioral health services.

Yes

Mental health assistance allocation funds do not supplant other funding sources or increase salaries or provide staff bonuses or incentives

#### Yes

Other sources of funding will be maximized-to provide school-based mental health services (e.g., Medicaid reimbursement, third-party payments and grants).

Yes

Collaboration with FDOE to disseminate mental health information and resources to students and families.

Yes

A system is included for tracking the number of students at high risk for mental health or co-occurring substance use disorders who received mental health screenings or assessments; the number of students referred to school-based mental health services

Yes

Review for compliance the Mental Health Assistance Allocation Plans submitted by Charter Schools who opt out of the District's MHAAP.

Yes

Curriculum and materials purchased using MHAA funds have received a thorough review and all content is in compliance with State Board of Education Rules and Florida Statutes.

Yes

#### A school board policy or procedure has been established for

Students referred to a school-based or community-based mental health services provider, for mental health screening for the identification of mental health concerns and students at risk for mental health disorders are assessed within 15 calendar days of referral.

Yes

School-based mental health services are initiated within 15 calendar days of identification and assessment.

Yes

#### Community-based mental health services are initiated within 30 calendar days of referral.

#### Yes

Individuals living in a household with a student receiving services are provided information about behavioral health services through other delivery systems or payors for which such individuals may qualify if such services appear to be needed or enhancements in those individuals' behavioral health would contribute to the improved well-being of the student.

#### Yes

District schools and local mobile response teams use the same suicide screening instrument approved by FDOE pursuant to s. 1012.583, F.S., and Rule 6A-4.0010, F.A.C.

#### Yes

Assisting a mental health services provider or a behavioral health provider as described ins. 1006.041, F.S., respectively, ora school resource officer or school safetyofficerwho has completed mental health crisis intervention training in attempting to verbally de escalate a student's crisis situation before initiating an involuntary examination pursuant to s. 394.463, F.S. Such procedures must include strategies to de-escalate a crisis situation for a student with a developmental disability as that term is defined ins. 393.063, F.S.

#### Yes

The requirement that in a student crisis situation, the school or law enforcement personnel must make a reasonable attempt to contact a mental health professional who may initiate an involuntary examination pursuant to s. 394.463, F.S., unless the child poses an imminent danger to self or others before initiating an involuntary examination pursuant to s. 394.463, F.S. Such contact may be in person or using te lehealth, as defined ins. 456.47, F.S. The mental health professional may be available to the school district either by contracts or interagency agreements with the managing entity, one or more local community behavioral health providers, the local mobile response team, or be a direct or contracted school district employee. Note: All initiated involuntary examinations located on school grounds, on school transportation or at a school sponsored activity must be documented in the Involuntary Examinations and Restraint and Seclusion (IERS) platform.

#### Yes

Parents of students receiving services are provided information about other behavioral health services available through the student's school or local community-based behavioral health service providers. Schools may meet this requirement by providing information about and internet addresses for web-based directories or guides for local behavioral health services.

#### Yes

The Mental Health Assistance Allocation Plan must be focused on a multitiered system of supports to deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses. s. 1006.041, F.S.

#### Yes

#### **District Program Implementation**

Evidence-Based Program	Youth Mental Health FIrst Aid
Tier(s) of Implementation	Tier 1, Tier 2
Describe	e the key EBP components that will be implemented.
neighbors, health and human s	ch parents, family members, caregivers, teachers, school staff, peers, service workers and other caring citizens how to help an adolescent (age nental health and/or substance use/abuse disorder or is in a mental health
the early identification of socia the likelihood of at risk studen	implement evidence-based mental health services for students to improve I, emotional, or behavioral problems or substance use disorders, as well as ts developing social emotional or behavioral problems, depression, anxiety cies, and how these will assist students dealing with trauma and violence.
train Flagler School staff memb documentation is provided to the district will offer the staff memb This curriculum will improve the	e early identification process and assist students dealing with trauma and ovide skills to adults in early identification of social, emotional, or behaviora
intervention, treatment and red	will deliver evidence-based mental health care assessment, diagnosis, covery services to students with one or more mental health or co-occurring se diagnoses and to students at high risk of such diagnoses.
Fooulty and staff will increase t	heir skills in early identification and intervention with students who may be

	School Connect
Tier(s) of Implementation	Tier 2
Describe the key EBP components that will be implemented.	
reflection and application. Stud life. Each lesson includes an ea questions for the lesson follower	hat uses videos, interactive student activities and opportunities for ents can learn, discuss and apply skills essential to success in school and asy-to-use lesson outline that begins with learning objectives and essential ed by several activities to help students answer these questions and build ntains a wrap up discussion and application/reflection homework/
the early identification of social the likelihood of at risk student	mplement evidence-based mental health services for students to improve l, emotional, or behavioral problems or substance use disorders, as well as is developing social emotional or behavioral problems, depression, anxiety ies, and how these will assist students dealing with trauma and violence.
class. The lessons are reviewe	sing an online platform and the lessons are provided while the student is in d with either the classroom support or the school social worker. Students ose who have a history of classroom disruptions and/or behavioral referrals d in the alternative program.
class. The lessons are reviewe identified for this service are the and these lessons are facilitate Explain how the supports intervention, treatment and rec	d with either the classroom support or the school social worker. Students ose who have a history of classroom disruptions and/or behavioral referrals

Evidence-Based Program	Check-in/Check-out
Tier(s) of Implementation	Tier 2
Describe the key EBP components that will be implemented.	
provides a structure for positive Both externalizing and internaliz CICO intervention can reduce v disruptive behavior, social confl behavioral manifestations of int	rimarily to improve students' mild to moderate challenging behavior. CICO adult contact to be made with the student throughout the day. zing behaviors can be supported through CICO models of intervention. verbal/physical aggressive behavior, noncompliance, disengagement, lict, or other behavior related to peer attention. The CICO can support ernalizing behaviors and provide improved use of positive coping ool expectations, and goal setting.
the early identification of social the likelihood of at risk student	mplement evidence-based mental health services for students to improve , emotional, or behavioral problems or substance use disorders, as well as s developing social emotional or behavioral problems, depression, anxiety ies, and how these will assist students dealing with trauma and violence.
	h service will be provided by school counselors, school psychologists and/ nts that are identified for this service are those with a history of attendance
intervention, treatment and rec	will deliver evidence-based mental health care assessment, diagnosis, covery services to students with one or more mental health or co-occurring e diagnoses and to students at high risk of such diagnoses.
•	vice will show improvements in specified areas based on identified needs al referrals, and grades, as well as through self-report, teacher report, or

Evidence-Based Program	THINK!
Tier(s) of Implementation	Tier 2
Describe	e the key EBP components that will be implemented.
other drugs who need to learn a choices at home, school, and th The program provides one Asse	tion education program for adolescents experimenting with alcohol and about the legal, social and personal implications of their behavior and ne community. essment session; eight weekly group or individual sessions; one individual ree active parenting session; one exit session and drug screening.
the early identification of social the likelihood of at risk student	mplement evidence-based mental health services for students to improve , emotional, or behavioral problems or substance use disorders, as well as s developing social emotional or behavioral problems, depression, anxiety ies, and how these will assist students dealing with trauma and violence.
intervention upon referral from a	g with a community based mental health agency will provide this Tier 2 a school-based staff member. Students are identified using discipline se/abuse. The program is not mandatory but is an option to receive a ne program is completed.
intervention, treatment and rec	will deliver evidence-based mental health care assessment, diagnosis, covery services to students with one or more mental health or co-occurring e diagnoses and to students at high risk of such diagnoses.
Students who complete this inte	ervention will have a decrease in referrals related to substance use/abuse rogram by the student and the student's legal guardian(s).

Evidence-Based Program	Tobacco Prevention Program	
Tier(s) of Implementation	Tier 2	
Describe	Describe the key EBP components that will be implemented.	
students that have tobacco or v	emand, interactive and engaging courses for middle and high school aping related offenses. This course includes activities such as answering program focuses on the negative effects of nicotine and vape use in an	
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.		
and referred upon a discipline re	by a Palm Beach County Public School Teacher. Students are identified eferral for substance use. The student applies on the website from home ebsite to take this 3 hour virtual and interactive class. The school is pletion of the course.	
intervention, treatment and rec	vill deliver evidence-based mental health care assessment, diagnosis, overy services to students with one or more mental health or co-occurring e diagnoses and to students at high risk of such diagnoses.	
	ased prevention services for student who are identified as being at risk for nd/or mental health condition. Students who complete this intervention will ated to substance use/abuse.	

Evidence-Based Program	Cognitive Behavioral Therapy
Tier(s) of Implementation	Tier 2, Tier 3
Describe the key EBP components that will be implemented.	
changing cognitive distortions a	at aims to improve mental health. CBT focuses on challenging and and behaviors, improving emotional regulation, and the development of target solving current problems.
the early identification of social the likelihood of at risk student	mplement evidence-based mental health services for students to improve , emotional, or behavioral problems or substance use disorders, as well as s developing social emotional or behavioral problems, depression, anxiety ies, and how these will assist students dealing with trauma and violence.
	ocial worker, school psychologist, or licensed mental health professional therapy with students age 7-17 for a short term brief period on campus.
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.	
ways to behave by changing the cope with complicated relations	r CBT, is a short-term therapy technique that can help people find new eir thought patterns. Engaging with CBT can help students reduce stress, hips, deal with grief, and face many other common life challenges. vice will show improvements in specified areas based on identified needs

Students who complete this service will show improvements in specified areas based on identified needs including attendance, behavioral referrals, and grades, as well as through self-report, teacher report, or parent report.

Evidence-Based Program	Dialectical Behavior Therapy		
Tier(s) of Implementation	Tier 3		
Describe	Describe the key EBP components that will be implemented.		
increasing their tolerance for dis	esigned for individuals who need assistance with managing their emotions, stress, and developing relationships. The goals of DBT include, an actions, emotional regulation in targeted areas/events/people others, and crisis situations.		
Explain how your district will implement evidence-based mental health services for students to improve the early identification of social, emotional, or behavioral problems or substance use disorders, as well as the likelihood of at risk students developing social emotional or behavioral problems, depression, anxiety disorders or suicidal tendencies, and how these will assist students dealing with trauma and violence.			
	nsed mental health professional will utilize dialectical behavioral therapy ort term brief period on campus		
intervention, treatment and rec	will deliver evidence-based mental health care assessment, diagnosis, covery services to students with one or more mental health or co-occurring e diagnoses and to students at high risk of such diagnoses.		
Tolerance; Emotional Regulational Regulationals be effective for children and disruptive behaviors, and challed improvements in specified area	be the DBT focus of a student's treatment plan: Mindfulness; Distress on; Interpersonal Effectiveness. Current research suggests that DBT may d preadolescents (aged 8 –13) who struggle with intense emotions, enging relationships. Students who complete this service will show s based on identified needs including attendance, behavioral referrals, and report, teacher report, or parent report.		

Evidence-Based Program	Eye Movement Desensitization and Reprocessing
Tier(s) of Implementation	Tier 3
Describe the key EBP components that will be implemented.	
memories. EMDR therapy facilitadverse life experiences to brin to emotionally disturbing materi stimulus. EMDR therapy involve given to past disturbing memori using an eight-phase treatment distress is relieved, negative be Explain how your district will in the early identification of social	was originally designed to alleviate the distress associated with traumatic tates the accessing and processing of traumatic memories and other g these to an adaptive resolution. During EMDR therapy the client attends al in brief sequential doses while simultaneously focusing on an external es attention to three time periods: the past, present, and future. Focus is es and related events. With EMDR therapy, these items are addressed approach. After successful treatment with EMDR therapy, affective liefs are reformulated, and physiological arousal is reduced.
	s developing social emotional or behavioral problems, depression, anxiety ies, and how these will assist students dealing with trauma and violence.
	ionals specifically trained in EMDR will utilize EMDR with individual a high level of need for therapeutic intervention.
intervention, treatment and rec	will deliver evidence-based mental health care assessment, diagnosis, covery services to students with one or more mental health or co-occurring e diagnoses and to students at high risk of such diagnoses.
positive future actions. Students	ions that cause distress, and develops skills and attitudes needed for s who complete this service will show improvements in specified areas ding attendance, behavioral referrals, and grades, as well as through self-

report, teacher report, or parent report.

Evidence Deced Draws	Mativatian Interviewing	
Evidence-Based Program	Motivation Interviewing	
Tier(s) of Implementation	Tier 2, Tier 3	
Describe the key EBP components that will be implemented.		
It is designed to strengthen per	tyle of communication with particular attention to the language of change. sonal motivation for and commitment to a specific goal by eliciting and sons for change within an atmosphere of acceptance and compassion.	
the early identification of social the likelihood of at risk student	mplement evidence-based mental health services for students to improve , emotional, or behavioral problems or substance use disorders, as well as s developing social emotional or behavioral problems, depression, anxiety ies, and how these will assist students dealing with trauma and violence.	
will utilize solution-focused ther	chologists, school social workers and licensed mental health professionals apy interventions for individual students in need of mental health support ified with the social work and mental health referrals.	
Explain how the supports will deliver evidence-based mental health care assessment, diagnosis, intervention, treatment and recovery services to students with one or more mental health or co-occurring substance abuse diagnoses and to students at high risk of such diagnoses.		
particularly useful for individuals desire. Students will show impr	ommended as an evidence-based approach to behavior change. It is s who have a high level of ambivalence and a low level of confidence and ovements in specified areas based on identified needs including s, and grades, as well as through self-report, teacher report, or parent	

	Solution Focused Brief Therapy
Tier(s) of Implementation	Tier 2, Tier 3
Describe	e the key EBP components that will be implemented.
This short term goal-focused expsychology principles and pract on problems. Clients are encour incremental changes can lead t	sent and future circumstances and goals rather than past experiences. vidence-based therapeutic approach, which incorporates positive tices, helps clients change by constructing solutions rather than focusing raged to increase the frequency of current useful behaviors. Small to larger changes, which may lead to a permanent solution. Clients' rectly related to any problem, but are created through goal-setting and hieve those goals.
the early identification of social the likelihood of at risk student	mplement evidence-based mental health services for students to improve , emotional, or behavioral problems or substance use disorders, as well as s developing social emotional or behavioral problems, depression, anxiety ies, and how these will assist students dealing with trauma and violence.
	ocial worker, school psychologist, or licensed mental health professional ef Therapy with students ages 5-17 to review students' strengths and of behavior
•	
intervention, treatment and rec	will deliver evidence-based mental health care assessment, diagnosis, covery services to students with one or more mental health or co-occurring e diagnoses and to students at high risk of such diagnoses.

Evidence-Based Program	Targeted Case Management
Tier(s) of Implementation	Tier 2, Tier 3
	e the key EBP components that will be implemented.
options and services required to Management services include a and cost-effective interventions and/or the family to assist in lin	sesses, plans, implements, coordinates, monitors and evaluates the o meet the client's health and human service needs. Targeted Case advocacy, communication and resource management to promote quality and outcomes. The licensed clinicians will collaborate with the student king the family to appropriate/identified resources.The licensed clinician family's engagement with services. The licensed clinician will document outcome of those referrals.
the early identification of social the likelihood of at risk student	mplement evidence-based mental health services for students to improve , emotional, or behavioral problems or substance use disorders, as well as s developing social emotional or behavioral problems, depression, anxiety ies, and how these will assist students dealing with trauma and violence.
ages 5-24, and their families. S being involuntarily hospitalized	rs will provide case management services to students of Flagler Schools, tudents who have been identified as using any type of substance and/or due to a mental health crisis, will be offered access to Targeted Case ents referred to social work will offered the opportunity to access Targeted
intervention, treatment and rec	will deliver evidence-based mental health care assessment, diagnosis, covery services to students with one or more mental health or co-occurring be diagnoses and to students at high risk of such diagnoses.
or transportation to and from so day. Student's and/or families v	am breaking down barriers, such as access to food, electricity and water shool, individuals are able to focus on their learning throughout the school who engage in this service will show improvements in specified areas ding attendance, behavioral referrals, and grades, as well as through self- t report.
Direct Employment	
MHAA Plan Direct Employn	nent
School Counselor	
Current Ratio as of Augus 1:440	t 1, 2023
2023-2024 proposed Ration <b>1:440</b>	o by June 30, 2024
School Social Worker	

Current Ratio as of August 1, 2023 1:1596

2023-2024 proposed Ratio by June 30, 2024

#### 1:1419

#### School Psychologist

Current Ratio as of August 1, 2023 **1:1419** 

2023-2024 proposed Ratio by June 30, 2024 1: 1419

#### **Other Licensed Mental Health Provider**

Current Ratio as of August 1, 2023 1:1596

2023-2024 proposed Ratio by June 30, 2024 **1:1596** 

Direct employment policy, roles and responsibilities

Explain how direct employment of school-based mental health services providers (school psychologists, school social workers, school counselors and other licensed mental health professionals) will reduce staff-to-student ratios.

Flagler Schools continues to seek opportunities to hire qualified mental health providers. Currently, Flagler Schools is accepting applications for the following positions: School Psychologists (4) Social Workers (1) Once filled, this position will decrease the ratios for additional mental health supports in Flagler Schools.

# Describe your district's established policies and procedures to increase the amount of time student services personnel spend providing direct mental health services (e.g., review and revision of staffing allocations based on school or student mental health assistance needs).

Flagler School's mental health program provides 6-8 weeks of brief, solution focused interventions at the Tier 2 and Tier 3 levels when appropriate. This brief intervention period provides opportunity for Flagler Schools to expand mental health services to additional students each school year. Additionally, Flagler Schools reviews the number of student mental health referrals on an annual basis to reassess and align qualified personnel with campuses.

## Describe the role of school based mental health providers and community-based partners in the implementation of your evidence-based mental health program.

Flagler Schools continues to provide direct service mental health treatment to the uninsured and underinsured students of Flagler Schools. Flagler Schools also provides ongoing Targeted Case Management as needed for students/families who indicate a need for a higher level of care and are engaged with partnering agencies.

Flagler Schools continues to partner with community-based mental health/behavioral agencies through the use of Memorandums of Understandings to provide direct service mental health treatment to students on campus and/or off campus.

#### **Community Contracts/Interagency Agreements**

List the contracts or interagency agreements with local behavioral health providers or Community Action Team (CAT) services and specify the type of behavioral health services being provided on or off the school campus. ADAPT Behavioral

Direct Services: Targeted Case Manager, Licensed Mental Health Clinician, Licensed Clinical Social Worker, Master-Level Clinician, Applied Behavioral Analysis Behavior Interventionist

A Helping Hand

Direct Services: Targeted Case Manager, Licensed Mental Health Clinician, Licensed Clinical Social Worker, Master-Level Clinician, Psychiatry/MD

All Therapies Support

Direct Services: Targeted Case Manager,

Licensed Mental Health Clinician, Licensed Clinical Social Worker, Master-Level Clinician, Applied Behavioral Analysis Certified Interventionist

Children's Home Society

Direct Services: Targeted Case Manager, Licensed Mental Health Clinician, Licensed Clinical Social Worker, Master-Level Clinician, Psychiatry/MD

COACHES (St.Augustine Youth Services) Direct Services: Transitional Life Coaches/Mentors

Chrysalis Health

Direct Services: Targeted Case Manager, Licensed Mental Health Clinician, Licensed Clinical Social Worker, Master-Level Clinician, Psychiatry/MD

EPIC Behavioral

Direct Services: Targeted Case Manager, Master-Level Clinician

Halifax Behavioral Services

Direct Services: Community Action Team, Targeted Case Manager, Licensed Mental Health Clinician, Licensed Clinical Social Worker, Master-Level Clinician, Psychiatry/MD, Involuntary Examination Receiving Facility

Halifax Bereavement Counseling

Direct Services: Licensed Mental Health Clinician, Licensed Clinical Social Worker, Master-Level Clinician

Impower

Direct Services via Telehealth: Targeted Case Manager, Licensed Mental Health Clinician, Licensed Clinical Social Worker, Master-Level Clinician, Psychiatry/MD

New Beginnings Therapeutic Services Direct Services: Licensed Clinical Social Worker and Licensed Mental Health Clinician

Palm Coast Counseling

Direct Services: Targeted Case Manager, Licensed Mental Health Clinician, Licensed Clinical Social Worker, Master-Level Clinician, Psychiatry/MD

Presbyterian Counseling Center Direct Services: Targeted Case Manager, Licensed Mental Health Clinician, Licensed Clinical Social Worker, Master-Level Clinician

Stewart Marchman Direct Services: Targeted Case Manager, Licensed Mental Health Clinician, Licensed Clinical Social Worker, Master-Level Clinician, Psychiatry/MD, Adult Involuntary Examination Receiving Facility, Crisis Triage and Treatment Unit

#### MHAA Planned Funds and Expenditures

#### **Allocation Funding Summary**

MHAA funds provided in the 2023-2024 Florida Education Finance Program (FEFP) \$ 810.645.00

#### Unexpended MHAA funds from previous fiscal years

\$ 93,000.00

#### **Grand Total MHAA Funds**

\$903,645.00

#### **MHAA planned Funds and Expenditures Form**

Please complete the MHAA planned Funds and Expenditures Form to verify the use of funds in accordance with (s.) 1006.041 Florida Statues.

The allocated funds may not supplant funds that are provided for this purpose from other operating funds and may not be used to increase salaries or provide bonuses. School districts are encouraged to maximize third-party health insurance benefits and Medicaid claiming for services, where appropriate.

The following documents were submitted as evidence for this section:

No files were uploaded

#### **School District Certification**

This application certifies that the **Flagler Schools** School Superintendent and School Board approved the district's Mental Health Assistance Allocation Plan, which outlines the local program and planned expenditures to establish or expand school-based mental health care consistent with the statutory requirements for the mental health assistance allocation in accordance with s. 1006.041(14), F.S.

**Note:** The charter schools listed below have **Opted Out** of the district's Mental Health Assistance Allocation Plan and are expected to submit their own MHAAP to the District for review.

#### **Charter Schools Opting Out**

## School Board Approval Date

Tuesday 7/25/2023